Acknowledgments

The Midwest Consortium developed this course for Hazardous Waste Worker Training under cooperative agreement number U45 ES 06184 from the National Institute of Environmental Health Sciences. We encourage you to comment on these materials. Please give any feedback to your Program Director.

Warning

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Disclaimer

The Occupational Safety and Health Administration (OSHA) rule to help ensure worker health and safety at hazardous waste sites requires annual refresher training for those working on hazardous waste sites. Refresher training requirements are specified in 29 CFR 1910.120(e)(8). This program is intended to help meet the requirements for knowledge and skills that the employer must certify annually.

Additional training is necessary to perform many activities. These activities include implementing the emergency response plan, identifying materials using monitoring instruments, selecting protective equipment, and performing advanced control, containment or confinement. Additional site-specific training for emergency response must be provided so that you understand how to recognize and respond to alarms at the site and can carry out any role which may be assigned during a response. For information about this matter, consult the training facilitator and/or your company safety and health plan or your company health and safety representative.

This content was updated September 11, 2023 and all web links were active as of that date; if you find an error please notify your Program Director.
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<table>
<thead>
<tr>
<th>Facility</th>
<th>Hazards</th>
</tr>
</thead>
<tbody>
<tr>
<td>GBX Oil</td>
<td>Hazards: organic solvents, sludge</td>
</tr>
<tr>
<td>Brunswick Maint.</td>
<td>Hazards: metals, asbestos, resins, sludge</td>
</tr>
<tr>
<td>Wadda Messa</td>
<td>Hazards: pesticides, explosives</td>
</tr>
<tr>
<td>XYZ</td>
<td>Hazards: lacquers, acids, resins, TDI, solvents</td>
</tr>
<tr>
<td>XYZ Bldg 2</td>
<td>Hazards: lacquers, sludge, HDI</td>
</tr>
<tr>
<td>Longgone Landfill</td>
<td>Hazards: Acid, aromatic solvents, PCB-contaminated oil, arsenic</td>
</tr>
</tbody>
</table>
Introduction to the Program

This program follows the 40-Hour Site Worker program. The goals of the program are to:

- Review basic skills and knowledge about hazardous waste site work
- Provide updates on standards/regulations, new technology and equipment
- Engage in learning and problem solving activities to improve safety and health conditions on a site
- Reinforce safe work practices
- Reinforce the role of personal protective equipment on a site
- Reinforce the importance of a site-specific safety and health plan in controlling hazards

Exercises are used throughout the program to encourage participants to think about the potential hazards on sites and develop and implement exposure control strategies.

Delivery of this program requires that the facilitator present a site work situation with waste and remediation chemical hazards and resources for the activities, including a Mock Safety and Health Plan.

If the remediation activity is conducted in an arena, a Site Safety Plan is required and anyone in Levels A or B protective gear must have medical clearance for training.

Performance measures are used throughout to document skills.

Facilitator Preparation

Every facilitator should be familiar with the material in the Participant Guide and this Facilitator Guide. Review HAZWOPER, 29 CFR 1910.120.
Carefully review the section(s) of the Facilitator Guide which correspond to the topics/activities you are teaching before preparing your lesson. Lesson plan forms shown below may be helpful when drafting your presentation outline.

**Lesson Plan Form 1**

<table>
<thead>
<tr>
<th>Teaching Methods for This Lesson Plan</th>
<th>Audiovisual Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>_ Presentation</td>
<td>_ Training guidebook</td>
</tr>
<tr>
<td>_ Discussion</td>
<td>_ Supplemental handbook material</td>
</tr>
<tr>
<td>_ Question and answer</td>
<td>_ Websites:</td>
</tr>
<tr>
<td>_ Hands-on simulation</td>
<td>_ Whiteboard or equivalent</td>
</tr>
<tr>
<td>_ Team teaching</td>
<td>_ Hands-on simulation</td>
</tr>
<tr>
<td>_ Small-group exercises</td>
<td>_ Other (describe):</td>
</tr>
<tr>
<td>_ Case study</td>
<td></td>
</tr>
<tr>
<td>_ Other (describe):</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Reference Materials</th>
<th>Special Space or Facility Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(List any room size or special facility regulations here, such as set-up areas, equipment storage concerns, etc.)</td>
</tr>
</tbody>
</table>

| Suggested Discussion Questions | Suggested Facilitator Preparation |
Lesson Plan Form 2

<table>
<thead>
<tr>
<th>Subject Area or Element</th>
<th>Detail</th>
<th>Reference Number or Citation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major subject heading or Roman numeral item from outline format.</td>
<td>Detailed breakdown of subject area or element. This area will necessarily occupy more space than the column to the left.</td>
<td>e.g., page number in training notebook, section number of regulation, or audiovisual material.</td>
</tr>
</tbody>
</table>
Sample Agendas

There are two important exercises that can be incorporated into this refresher: HCS2012 and 8HR Risk Management found here: https://mwc.umn.edu Three sample agendas, tailored to various versions of this refresher, are presented on the following pages.
Agenda 1 - Basic

Introduction

Your experience is important to training

   Activity-Thinking About Past Years in Waste Site Work - Looking Back and Forward from the Modular Refresher here: https://mwc.umn.edu/catalog/product/looking-back-and-forward/

Getting Ready-Hazard assessment and control

   Activity-Site Characteristics

   Activity-Hazard Assessment

   Activity-Setting Work Zones

   Activity-Selecting PPE and Air Monitoring

Plan a Work Activity

   Activity-Work Briefing

   Activity-Double check PPE and Air Monitoring Selection

Get to Work Simulation

   Activity-Entry Briefing

   Activity-Donning/Doffing PPE

   Activity-A work activity

   Activity-Decontamination

Critique and Follow-up

   Activity-Debrief and Critique

Closing
Agenda 2 - HCS2012 is included in the training

Introduction

Your experience is important to training

Activity-Thinking About Past Years in Waste Site Work - Looking Back and Forward from the Modular Refresher here: https://mwc.umn.edu/catalog/product/looking-back-and-forward/

Getting Ready-Hazard assessment and control

Activity-Site Characteristics
Activity-HCS2012 (insert HCS2012 exercise)
Activity-Hazard Assessment
Activity-Setting Work Zones
Activity-Selecting PPE and Air Monitoring

Plan a Work Activity

Activity-Work Briefing

Activity-Double check PPE and Air Monitoring Selection (omit, but cover verbally)

Get to Work Simulation

Activity-Entry Briefing

Activity-Donning/Doffing PPE

Activity-A work activity

Activity-Decontamination

Critique and Follow-up (cover the idea, but complete only as time allows)

Activity-Debrief and Critique

Closing
Agenda 3 - HCS2012 not needed and group is candidate to develop Risk Management Plan

Introduction

Your experience is important to training

   Replaced by exercise at end of program (see below)

Getting Ready-Hazard assessment and control

   Activity-Site Characteristics
   Activity-Hazard Assessment
   Activity-Setting Work Zones
   Activity-Selecting PPE and Air Monitoring

Plan a Work Activity

   Activity-Work Briefing
   Activity-Double check PPE and Air Monitoring Selection (omit, but cover verbally)

Get to Work Simulation

   Activity-Entry Briefing
   Activity-Donning/Doffing PPE
   Activity-A work activity
   Activity-Decontamination

Critique and Follow-up

   Activity-Debrief and Critique

   Activity-Developing a Plan to reduce risk (complete the 8HR Risk Management Plan Exercise here: https://mwc.umn.edu/catalog/product/8hr-risk-management-plan-exercise/. Activity 1 in this exercise addresses past activities, followed by identifying a hazard to remediate and developing a plan.)

Closing
Resources for Program Development

The following are resources to be used in program development, and delivery as appropriate for the agenda used:

- 8HR Performance Measures Participant Guide
- Facilitator Guide from the 40-hour site worker program
- Hard copy or databases to find information (e.g., NIOSH Pocket Guide, SDS)
- HCS2012 Exercise
- OSHA Quick Cards
- 8HR Risk Management Exercise

Presentation of Material

Photographs, sketches, charts, posters, short videos, and PowerPoint slides are useful training tools and may be introduced in the lesson where appropriate.

Always provide diagram of the site and surrounding features.

PowerPoint slides should be limited to those which support lesson presentation. Effective slides contain color graphics, questions, and short review lists.

Resources

The following are needed for the Hazardous Materials Fact Sheet:

- Emergency Response Guidebook (ERG)
- Safety Data Sheets (SDS)
- NIOSH Pocket Guide (NPG)

SOGs consistent with the scenario are required

Depending on your lesson plan, you may want to provide the following to each group:


- Written summary of scenario

If available, provide an iPad or other device to access these resources on-line as well.
Activities

Small-Group Activities

Small-group activities are incorporated to involve participants in clarifying information, identifying options, and applying skills.

Participants may complete the activities or exercises on their own and share their results in class, or as small groups, with report back to the class.

Class activities and exercises enhance the learning process; therefore, it is strongly recommended that you make activities and discussions comfortable so that everyone can participate. Assume that every class will have participants with a wide range of communication skills. Some participants will have no problems participating in group discussion, while others may have a hard time talking in front of the group.

Suggestions for facilitating group activities and discussions include:

• Allow participants to freely express their values, attitudes, and opinions.
• Do not judge participant's responses.
• Facilitate discussion by paraphrasing and clarifying. It is seldom appropriate for the facilitator to give opinions.
• Avoid putting people on the spot. Instead of asking individuals for answers, have a volunteer spokesperson present findings to the entire group.
• Keep the groups focused on the task at hand. Because small-group exercises can draw heavily on the participants' personal experience, sometimes conversation can drift.
• Be alert to the potential for one person to dominate work in small groups. If you see this happening, facilitate participation by other members of the group.
• Keep the participants alert and interested by encouraging participation. If the groups are not participating or giving only cursory answers, ask them probing questions linked to previous work or life experiences.
Scenario Development

- Review site safety plan for training facility (Appendix A is MWC policy)
- Ensure medical fitness for training has been obtained
- Review relevant sections of the 40-Hour Site Worker Program Facilitator Guide
- Prepare lesson plan for material/sections to be presented
- Develop lesson plan using:
  - Reconnaissance from the employer(s)
  - Evaluation report from last presentation to this group (contract program only)
  - Select work activity(s)
  - Assemble required SOPs/SOGs (minimum: Hazard Assessment, PPE, Monitoring, Work Task(s), Decon, Debriefing/Critique)
  - Gather relevant sections of a site health and safety plan
    - Obtain from an employer
      - Include site map
    - Prepare mock version (see below for factors to consider)
      - Include site map
    - Use a mock site from a previous scenario-based refresher (See Appendix C)
- List key factors for the scenario that you develop for participants in the table below.
<table>
<thead>
<tr>
<th>Factor</th>
<th>Initial Condition</th>
<th>Activity 8 Change expected?</th>
<th>Describe change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weather conditions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Topography</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surrounding vegetation, waterways, highways, drains</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Site buildings and layout (map is best)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time of day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Overall description of work in progress</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Safety hazards present or anticipated</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hazardous material(s) on site</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hazardous remediation materials</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency Alerting signals</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency Response Plan</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Incompatibles nearby</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Assemble additional needed resources for the scenario - SDS, NIOSH Pocket Guide, glove charts, Levels of Protection graphics, etc.

Copy Performance Checklists and the Hazardous Materials Fact Sheets for participant use (these will be retained as part of the program file). See Appendix B for set of materials.

Complete ‘correct’ Hazardous Materials Fact Sheets based on the scenario the participants will complete.

Copy any supporting exercises needed (Looking Back and Forward, HCS, Risk Management) depending on agenda.

Print or be prepared to display the final agenda, as part of program introduction.

File agenda and lesson plan including site description, medical clearance for training needs, training site safety plan per Training Center procedures:

- This becomes the Facilitator Guide documentation for the program.

Ensure there is time and personnel to verify successful completion; (if anyone does not meet the criteria, implement training center remediation policy):

- Review attendance documentation.

<table>
<thead>
<tr>
<th>PPE needed</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>CPC</td>
<td></td>
<td></td>
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<tr>
<td>RPE</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Work Practices to be used (need SOG for each)</th>
<th></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Create site map</th>
<th></th>
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<table>
<thead>
<tr>
<th>Air concentrations reported</th>
<th></th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>PPE needed</th>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
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</tbody>
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<table>
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</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Air concentrations reported</th>
<th></th>
</tr>
</thead>
</table>
Program Overview

- Grade individual Hazard materials Fact Sheet exercise
- Collect all Performance Skills Checklists to be included in the Program file

Run the activities, as shown in the Participant Guide for the site characteristics, hazards, and work activity(s) selected. Use Summary sections to review importance and facilitate discussion.

Evaluation

Evaluation provides input from participants regarding value to them, achievement of learning objectives and insights into how to improve the program. NIEHS supports 'model programs' that employ interactive training methods to build skills; see https://tools.niehs.nih.gov/wetp/public/hasl_get_blob.cfm?ID=11266&file_name=WTP_Minimum_Criteria_062818_Final_508.pdf. Collection and use of evaluation data are key to program improvement. Adherence to these criteria is a term-and-condition of NIEHS funding.

Evaluation forms are shown at: https://mwc.umn.edu/catalog/product/8hrp-performance/?

Successful Completion for this program requires the following:

- Attendance for the entire program
- 100% on Activities Performance Skills Checklists
- ≥70% on Hazardous Material Fact Sheets

All must be documented in the Program File

Note: if the Risk Management exercise is used, the standard evaluation forms go to ESC and the Plan and supporting materials go to Tim Hilbert as shown in the Facilitator Guide for that exercise.
Introduction

Time Requirement: 30 minutes

Number of Facilitators: 1 or more consistent with ratio shown in Minimum Criteria

Materials

- Registration forms
- Open-space room which will allow for group discussion and small group activities
- Whiteboard or equivalent; markers
- Sign in sheet
- Participant and Facilitator Guides
Objectives

During the introduction, the following will be accomplished:

- Complete any paperwork
- Participant introductions and experience
  - Experience review especially important if open-enrollment
- Review overall program goals

Teaching Methods

The introduction combines presentation with discussion. It is important as a facilitator to
gauge the level of knowledge and skills of the participants. A discussion of experience
of each participant may be useful.

Suggested Facilitator Preparation

- Review lesson plan
- Review lesson plan with any other facilitators

Minimum Content Requirements

- Introduction of facilitator(s), program, participants
- Complete registration forms (if not done in advance)
- Everyone signs in
- Review overall goals
- Review successful completion

Questions You May be Asked

Why do we have to do a refresher?

Be prepared to show the requirement in the standard.

Post any questions that will be answered later in the program to a ‘parking lot’ and
display where everyone can see. Check the items off as the program progresses.
Presentation of the Session

The session can be presented as follows:

- Introduce facilitator(s) and provide needed orientation to the training space. Review MWC, NIEHS ‘model programs’ and uses of evaluation. Note the definition of successful completion, including that attendance is required for the duration of the program.

- Ask participants to introduce themselves, including experience and level of previous training that is being refreshed.

- Present the agenda that has been prepared, noting that training time does not include lunch or breaks. Post where all can see, if desired.

- Collect any forms and provide to program staff for retention.
Time Requirement:  7.25 hours

Number of Facilitators:  Dependent on the scenario; for Level A or B, a ratio of 5 participants to 1 facilitator is required; for Level C or D, a ratio of 10 Participants to 1 facilitator is required. Classroom work requires 1 facilitator for 25 participants. An assistant may be needed to grade performance measures.

Materials Needed

This will depend on the scenario and should be part of the lesson plan.

Objectives

The objectives will vary based on the agenda you set up. Each activity has a purpose. The list of these purposes can be considered the objectives for the program.

Minimum Content Requirements

- Performance Skill Checklists
- Hazardous Materials Fact Sheets

Suggested Facilitator Preparation

- Review the scenario and supporting materials
- Assemble all materials needed
- Ensure training site plan is in place and reviewed by all facilitators
- Ensure that fitness-for-training has been documented for participants, as appropriate
Questions you May be Asked

Varies by participant workplace, scenario, and agenda. Consider when developing the lesson plan and use a parking lot as needed.

Presentation of the Session

The session is presented by following the agenda that was developed. Below, the activities for the basic agenda are listed. Note that the agenda might not cover all these, as HCS2012 Exercise or 8HR Risk Management Exercise might be added.

Activity 1 - Thinking about the Past Year in Waste Site Work

Participants complete the Looking Back and Forward Exercise

Getting Ready – Hazard Assessment and Control

Activity 2 - Site Characteristics

Participants complete checklist in this part of the Participant Guide

Activity 3 - Hazard Assessment

Participants each complete Work Sheet, graded by facilitators. Use training center remediation policy for any score <70%.

Activity 4 - Setting Work Zones and Communication

Participants complete checklist in this part of the Participant Guide

Activity 5 - Selecting PPE and Air Monitoring Equipment

Participants complete checklist in this part of the Participant Guide

Use Summary to guide discussion

Planning the Work Activity

Activity 6 - Work Briefing

Participants complete checklist in this part of the Participant Guide
Activity 7 - Double Check PPE and Air Monitoring Selection

Participants complete checklist in this part of the Participant Guide

Use Summary to guide discussion

Conduct the Activity – Simulation

Activity 8 - Entry Briefing

Participants complete checklist in this part of the Participant Guide

Activity 9 - Donning/Doffing PPE

Participants complete checklist in this part of the Participant Guide

Activity 10 - A Work Activity

Participants complete checklist in this part of the Participant Guide

Activity 11 - Decontamination

Participants complete checklist in this part of the Participant Guide

Use Summary to guide discussion

Critique and Follow-up

Activity 12 – Debriefing and Critique

Participants complete checklist in this part of the Participant Guide

Use Summary to guide discussion
Closing and Program Evaluation

Time Requirement: 15 minutes
Number of Facilitators: 1 or more, consistent with ratio shown in Minimum Criteria

Materials

The following materials will be needed:

- Whiteboard or equivalent; markers
- Evaluation forms

Objectives

- Review activities conducted as part of the site work scenario
- Answer questions
- Review need for annual refresher
- Thank participants
Teaching Methods

Discussion

Suggested Facilitator Preparation

Review agenda and chemicals included in the scenario.

Minimum Content Requirements

- Answer questions
- Participants complete and hand in evaluation forms
- Thank participants

Questions You May Be Asked

“What happens if I do not take a refresher?”

If needed for a job, you will not be up-to-date and may be required to take this program again. Some employers ‘stretch’ the requirement to 18 months, if the refresher is taken ASAP, but it is a gamble.

Presentation of the Session

Thank participants for attending the program.

This is an opportunity for final questions and to ensure that the list of questions generated on day has been addressed during the program.

Evaluation is important to continued program improvement. This should not be rushed. Provide 15 minutes to complete the program evaluation forms and collect them.
NOTE: This is taken from Midwest Consortium Procedure and Policy Manual, Tab 20 regarding health and safety protection during simulations. The template below is shown in the policy as Template 1, for any hazardous waste site refresher that includes simulation activities. See your program director for additional background or details.

Site Simulation - Health and Safety Plan

For exercises and simulation, specific trainer qualifications must be met in order to help ensure safety of participants and facilitators. An Emergency Response Plan or Site Safety Plan must be in place for the activity. Appropriate documentation of the qualifications, emergency plan, and a description of the activity is retained in the Program File for the training.

Trainer qualification considerations include:

- Staffing consistent with the Minimum Criteria requirements
- Medically cleared to use respiratory protection for training
- Experienced in use of all the PPE and procedures
- Skills in anticipation and recognition of possible hazards when using PPE
- Skills in anticipation and recognition of possible hazards during decon
- Documented training in recognizing heat and cold stress effects
- Working knowledge of the Emergency Response Plan

A plan for emergency situations includes:

- Safety briefing
- Emergency communication, including emergency stop
- At least one person certified in First Aid and CPR must be on site (does not have to be a trainer), unless EMS is onsite
- Emergency medical care alert system
• Site description/access
• Site description
• Physical hazard analysis, including heat and cold or weather events
• Responsibilities of facilitators and participants/accountability

Template: Site Safety Plan for Hazardous Materials Site Worker Refresher

Location: Date:

Lead Facilitator:

Associate Facilitator:

INCIDENT MANAGEMENT SYSTEM

Training Center Personnel Roles and Responsibilities

1. ________________________________ will serve as the Site Supervisor (SS) and is responsible for implementing the Site Safety Plan.

2. ________________________________ will serve as the Site Safety Officer (SSO) and is responsible for identifying and controlling hazards during all hands-on activities.

HAZARD CONTROL

The SS and SSO will take the following steps to control hazards during all hands-on activities.

• A written plan will be developed for conducting the response simulation. The SS and SSO will eliminate possible hazards from the site where the activity will occur or they will select a site that is free of foreseeable and potential hazards.

• The SS and SSO will ensure the use of the buddy system for all hands-on activities.
• The SS and SSO will instruct participants in the emergency signals that will be used during hands-on activities.

• Participants will wear the appropriate protective equipment based on the hazards that are being simulated.

• Participants will conduct themselves appropriate to the seriousness of the emergency response simulation.

• At least two entry/exit points will be available at the site.

• During periods of high ambient temperatures (>90 degrees F), the SSO will pay special attention to the potential for heat stress. The SSO will monitor all participants and ensure adequate fluid in-take. A shady rest area will be available if the site is out-of-doors.

ZONING

• The exercise area will be zoned into three areas: hot zone, warm zone, and staging.

• The hot zone will be established at the simulated hazards.

• The warm zone will be designated for decontamination activities.

• Staging is where all participants are assigned when not performing a task in the other zones as assigned by the facilitators.

• All zones will be clearly marked with cones and tape.

• No more than 4 participants per facilitator will be allowed in the hot zone at one time.

ACCOUNTABILITY

To ensure accountability:

• All participants will sign in at the beginning of each day.

• Any visitors or observers will sign in and out during any hands-on activities.
• __________________________ will be responsible for taking the roster to the exercise area during the hands-on activities.

• Immediately after any emergency, the SS will conduct a roll call of all participants and visitors.

• Any personnel leaving the area must check out and provide time and date.

• All participants must sign out at the end of each day.

COMMUNICATION

• The SSO will use an air horn or other effective method as a warming device. When the air horn is sounded, all participants will assemble in the staging area for a personnel accountability report.

• A communication device will be available during hands-on activities to contact the appropriate author during an emergency. The SSO will verify the communication device is functioning properly before the simulation begins.

NOTIFICATION

The SS will arrange to contact the following should the need arise:

• For site Emergencies: __________________________

• Environmental: ______________________________________

• Local Fire Department: ______________________________________

• The SS will establish a procedure whereby facilitators or participants can be contacted during the training program. For training conducted at this site, the phone number is: __________________________.
• Appropriate contact numbers will be posted at the site.

MEDICAL CARE

• At least one facilitator will be certified in basic first aid and CPR.
• A basic first aid kit will be available in the exercise area and in the classroom.
• Participants will be advised to discuss any special medical concerns they may have with the lead facilitator.

SAFETY BRIEFING

• The SS and SSO will conduct a safety briefing for participants prior to any hands-on activities.
• The safety briefing will cover the following areas: hazard control, zoning, accountability, communications, notification, and medical care.

______________________________________________________________________________  __________________________
Site Supervisor                                             Date

______________________________________________________________________________  __________________________
Site Safety Officer                                         Date
Performance Skill Checklists

Activity 2: Site Characteristics

Activity 4: Setting Work Zones and Communication

Activity 5: Selecting PPE and Air Monitoring Equipment

Activity 6: Work Briefing

Activity 7: Double Check PPE and Air Monitoring Selection

Activity 8: Entry Briefing

Activity 9: Donning/Doffing PPE

Activity 10: A Work Activity

Activity 11: Decontamination

Activity 12: Debriefing and Critique

Hazardous Materials Fact Sheets (Activity 3)

   Waste

   Remediation/support Chemical
Performance Skills Checklists

Participant ID __________________

Performance Skills Checklist - Activity 2: Site Characteristics

Can you describe the following?

a. Topography ........................................................................................ □ Yes □ No
b. Hazardous materials present on the site and potential hazards .... □ Yes □ No
c. Potential hazards ............................................................................. □ Yes □ No

Performance Skills Checklist – Activity 4: Setting Work Zones and Communication

1. Did you determine the following zones?
   a. Hot ................................................................................................... □ Yes □ No
   b. Warm ............................................................................................... □ Yes □ No
   c. Cold ................................................................................................. □ Yes □ No

2. Did you establish a staging area? ...................................................... □ Yes □ No

3. Did you notify everyone of the site alerting signals? ......................... □ Yes □ No

4. List any gaps in the information provided:
Performance Skills Checklist – Activity 5: Selecting PPE and Air Monitoring Equipment

My/our work assignment ________________________________

Hazard(s) __________________________________________

1. What level of protection did you select for a needed role?

   Level A for _____________________________(insert role)
   Level B for _____________________________(insert role)
   Level C for _____________________________(insert role)
   Level D for _____________________________(insert role)

2. What CPC did you select?

   a. Suit (type/material) ______________________________
   b. Respirator/cartridge ____________________________
   c. Glove material
      ▪ Inner __________________________
      ▪ Middle ________________________ (if applicable)
      ▪ Outer _________________________
   d. Boots ____________________________

3. What type of monitoring device did you select?

   a. pH........................................................................................................... □ Yes □ No
   b. 4/5-Gas ............................................................................................... □ Yes □ No
   c. Detector tube....................................................................................... □ Yes □ No
   d. Other................................................................................................... □ Yes □ No

      Specify: __________________________

   e. None, because: ____________________________

______________________________
Performance Skills Checklist – Activity 6: Work Briefing

1. Were these tasks in the overall work plan?
   a. Site entry ............................................................................................ □ Yes □ No
   b. Material handling ................................................................................ □ Yes □ No
   c. Decon ................................................................................................ □ Yes □ No

2. Were site characterization method and results reviewed? .................. □ Yes □ No

3. Were the following resources evaluated?
   a. Personnel ........................................................................................... □ Yes □ No
   b. Equipment/supplies ........................................................................... □ Yes □ No
   c. Information ........................................................................................ □ Yes □ No

4. Were these jobs assigned during this work?
   a. Project Manager ................................................................................ □ Yes □ No
   b. Safety and Health Officer .................................................................. □ Yes □ No
   c. Decontamination ................................................................................ □ Yes □ No
   d. Work Team I ..................................................................................... □ Yes □ No
   e. Back-up Work Team II ....................................................................... □ Yes □ No

5. Were the following used to minimize hazards?
   a. Training .............................................................................................. □ Yes □ No
   b. Barriers .............................................................................................. □ Yes □ No
   c. PPE ..................................................................................................... □ Yes □ No
   d. Work practices ................................................................................... □ Yes □ No
Performance Skills Checklist – Activity 7: Double Check PPE and Air Monitoring Selection

1. Is the PPE correct for the task your group will do?
   
   o If no, show the new selection below:
   
   What level of protection did you select for a needed role?
   
   Level A for ____________________________(insert role)
   Level B for ____________________________(insert role)
   Level C for ____________________________(insert role)
   Level D for ____________________________(insert role)

   a. Suit (type/material) _____________________________
   b. Respirator/cartridge ____________________________
   c. Glove material
      ▪ Inner ______________________
      ▪ Middle _____________________ (if applicable)
      ▪ Outer ______________________
   d. Boots ______________________

2. Is the Air Monitoring equipment correct for the task your group will do?
   
   o If no, show the new selection below:
   
   a. pH...................................................................................................... □ Yes □ No
   b. 4/5-Gas ............................................................................................ □ Yes □ No
   c. Detector tube.................................................................................... □ Yes □ No
   d. Other.................................................................................................. □ Yes □ No

   Specify: ___________________
   
   e. None, because: _______________________________________

Specify: __________________
Performance Skills Checklist – Activity 8: Entry Briefing

1. Were you part of briefing that covered the following?
   a. Site details  □ Yes □ No
   b. Hazards     □ Yes □ No
   c. Tasks       □ Yes □ No
   d. Communications □ Yes □ No
   e. Emergency signals □ Yes □ No

2. Did you complete the following before initiating tasks?
   a. Review the SOG  □ Yes □ No
   b. Buddy system  □ Yes □ No
   c. Verify decontamination line is ready □ Yes □ No

3. Was there an opportunity to ask questions about all procedures? □ Yes □ No

Performance Skills Checklist – Activity 9: Donning/Doffing PPE

1. Did you inspect the PPE before donning it? □ Yes □ No □ N/A

2. Did your buddy make pull tabs when taping boots, pants, gloves, and sleeves? □ Yes □ No □ N/A

3. Did you perform a positive- and/or negative-pressure check of your respirator facepiece? □ Yes □ No □ N/A

4. Did your buddy review the communications system you would use? □ Yes □ No □ N/A

5. Did you don the PPE ensemble completely using a SOG? □ Yes □ No □ N/A

6. Did you receive a pre-entry briefing? □ Yes □ No □ N/A

7. Did you perform an assigned task? □ Yes □ No □ N/A

8. Did you touch the outside of your suit while it was being removed? □ Yes □ No □ N/A
9. Did you properly remove your inner gloves? □ Yes □ No □ N/A

Performance Skills Checklist – Activity 10: A Work Activity

1. Did you select the proper PPE? □ Yes □ No □ N/A
2. Was hazard evaluation information provided? □ Yes □ No
3. Indicate the methods used to limit the exposure.
   a. Work practice □ Yes □ No
   b. Distance □ Yes □ No
   c. PPE □ Yes □ No
   d. Buddy system □ Yes □ No
4. Did you work in a manner to minimize contamination in the work area? □ Yes □ No
5. Did you use an air monitoring device to detect or measure exposure? □ Yes □ No

Performance Skills Checklist – Activity 11: Decontamination

1. Was all necessary decontamination equipment available? □ Yes □ No
2. Was the decontamination line appropriate for the contaminant? □ Yes □ No
3. Was one person in charge of the decontamination line at all times? □ Yes □ No
4. As a member of a team, did you assemble a decontamination line? □ Yes □ No
5. Did personnel going through decontamination always move toward cleaner areas? □ Yes □ No
6. Were decontamination workers wearing appropriate levels of protection? □ Yes □ No
7. Were personnel decontaminated according to the steps listed in the SOG? □ Yes □ No
8. Did the decontamination team decontaminate themselves before leaving the area? ........................................... □ Yes □ No

9. Were contaminated materials disposed of properly? .................................. □ Yes □ No

Performance Skills Summary – Activity 12: Debriefing and Critique

What worked?
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

What were the problems? Suggested Solutions
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Has the Project Manager been notified of needed changes? □ Yes □ No
Has the Health and Safety Officer been notified of resupply needs? □ Yes □ No
Hazardous Materials Fact Sheet – Waste Chemical

Chemical Name ________________________________________________________
Physical Form __________________________________________________________
PEL/STEL/IDLH ________________________________________________________
Flash point/LEL/UEL ____________________________________________________
pH (if applicable) _____________________________________________________
Solubility in water _____________________________________________________
Specific Gravity _______________________________________________________ 
Relative Gas Density/Vapor Density ______________________________________
Vapor Pressure _______________________________________________________ 
Major Routes of Exposure ________________________________________________
Target Organs _______________________________________________________
Acute Effects _________________________________________________________
____________________________________________________________________
Chronic Effects ________________________________________________________
____________________________________________________________________
Incompatible Materials __________________________________________________
____________________________________________________________________
Hazard Statements _____________________________________________________
____________________________________________________________________
Precautionary Statements ______________________________________________
____________________________________________________________________
Signal Word ___________________________________________________________
Hazardous Materials Fact Sheet – Remediation/support Chemical

Chemical Name ________________________________
Physical Form ________________________________
PEL/STELIDLH ________________________________
Flash point/LEL/UEL __________________________
pH (if applicable) ______________________________
Solubility in water ______________________________
Specific Gravity ________________________________
Relative Gas Density/Vapor Density __________________
Vapor Pressure ________________________________
Major Routes of Exposure _________________________
Target Organs ________________________________
Acute Effects ________________________________
_________________________________________________________________
Chronic Effects ________________________________
_________________________________________________________________
Incompatible Materials ____________________________
Hazard Statements ______________________________
Precautionary Statements _________________________
Signal Word ________________________________
## Training Only: Site Work Health and Safety Plans

<table>
<thead>
<tr>
<th>Location</th>
<th>Hazards</th>
</tr>
</thead>
<tbody>
<tr>
<td>GBX Oil</td>
<td>Hazards: organic solvents, sludge</td>
</tr>
<tr>
<td>Brunswick Maint.</td>
<td>Hazards: metals, asbestos, resins, sludge</td>
</tr>
<tr>
<td>Wadda Messa</td>
<td>Hazards: pesticides, explosives</td>
</tr>
<tr>
<td>XYZ</td>
<td>Hazards: lacquers, acids, resins, TDI, solvents</td>
</tr>
<tr>
<td>XYZ Bldg 2</td>
<td>Hazards: lacquers, sludge, HDI</td>
</tr>
<tr>
<td>Longgone Landfill</td>
<td>Hazards: Acid, aromatic solvents, PCB-contaminated oil, arsenic</td>
</tr>
</tbody>
</table>
I. SCOPE OF WORK FOR THE GBX OIL COMPANY PROJECT

A. PURPOSE OF WORK

The GBX Oil Company is involved in decommissioning and closure of its Pucker River facility. This facility consisted of an oil refinery operation that contained three surface impoundments for the storage of surface and waste waters from the refinery operations. Waste waters in these ponds were allowed to settle prior to treatment of the leachate at a nearby waste water treatment plant. ABC Remediation has been contracted to remove the liquid and sludge from the ponds.

ABC Remediation is to remove the remaining liquid in Ponds 1, 2, and 3 and transport it to the nearby wastewater treatment plant. The remaining sludge from Ponds 1, 2, and 3 are to be transported to an approved hazardous waste incinerator. Services include decontamination and removal of existing pump machinery.

Remediation services are expected to begin in August of this year and are expected to be completed by January of next year.

B. PROPERTY HISTORY

The refinery operated from 1920 until 1984, when it was closed due to failure to meet current EPA air emissions requirements. The site covers approximately 75 acres of river flood plain property, with approximately 20 acres of the property devoted to surface ponds. A storm levee protects the property on the east side. State Highway Route 45, which runs along the eastern edge of the storm levee, has often been closed during river floods. Refer to the site plan for additional details.

Residents of the nearby community of Pucker complained of odors emanating from the property and were instrumental in forcing the plant closure. A search of the local newspapers shows that the GBX Oil Company had several major accidents attributable to "equipment failure." Reportedly, the GBX preventive maintenance program for its equipment was never followed or enforced.

C. CURRENT PROPERTY STATUS

Site characterization was performed by G.E.O. Physical Consultants in April 1991. Ponds 1 and 3 contain refinery sludge, and additional testing revealed no further contaminants. Results of the laboratory analysis of the refinery sludge and lagoon bottom soils for Pond 2 indicate the following chemicals: Benzene, Ethyl benzene, Naphthalene, Toluene, Xylene, and Polynuclear Aromatics (PNA) that include Chrysene, Benzo (a) pyrene, Phenanthrene, and Pyrene.
II. SITE-SPECIFIC SAFETY PLAN FOR GBX OIL COMPANY REMEDIATION

A. GENERAL INFORMATION

PROJECT NAME: GBX Oil Company
PROJECT NO.: 365
LOCATION: Carson River, USA
PLAN PREPARED BY: ABC Remediation Company
DATE: June 20, 1992
REVIEWED BY: Carol H. Rice, PhD, CIH DATE: July 12, 1992

OBJECTIVE(S):

The GBX Oil Company is involved in a decommissioning and closure of Ponds 1, 2, and 3, and the closure plan for this facility was approved by the state EPA in April, 1991.

PROPOSED DATE OF EXPLORATION: Fall 1992
NPDES PERMIT FILED: Yes X No
BACKGROUND REVIEW: Complete X
PRELIMINARY: Completed April 1991

DOCUMENTATION/SUMMARY:

Overall Hazard:
Serious Moderate Low X Unknown
SCOPE OF WORK:

1. Pump remaining liquid and transport.
2. Excavate and remove sludge material from Ponds #1, #2, and #3.
3. Transport sludge to hazardous waste incinerator.
4. Decontaminate and dispose of pumping equipment.

WORK LIMITATIONS:

1. Normal daylight hours.
2. Suspend work if it begins to rain or lightning appears.

SITE DESCRIPTION

The GBX site is located on the riverfront property of GBX Oil Company, which operated from the early 1920's until 1984, when the refinery closed. The site covers approximately 75 acres and is bounded on the east by a levee belonging to the Carson River Drainage and Levee District, and on the west by the Des Plaines River, within the river flood plain. Fisher Oil Company and the town of Pucker are to the south, and the city of Carson River is to the north of the site.
GBX Oil Company Exercise

B. SITE AND WASTE CHARACTERISTICS

FACILITY DESCRIPTION:

The major features of the site include three surface impoundments (Pond 1, 2 and 3) and an approximately 15-acre solidification pond. Ponds 1 through 3 were used by GBX Oil Company for the storage of surface and waste waters from the refinery operations prior to treatment at a nearby waste water treatment plant. The ponds contain refinery sludge.

PRINCIPAL DISPOSAL METHOD:
Surface disposal followed by waste water treatment.

UNUSUAL FEATURES:
Flood control levee, 345 KV transmission line (overhead)

STATUS: Inactive

HISTORY: Numerous equipment failures. Public complaints of odor.

BIOLOGICAL INDICATORS: None observed. Site is fenced, and site is secure.

PATHWAYS FOR DISPERSION OF HAZARDOUS MATERIALS:
Air, water, transported on-site equipment.

WIND DIRECTION: Primarily from the Northeast.

DRAINAGE: Stormwater treated on-site. Discharge to the Carson River.

CONTAMINANTS EXPECTED:
Benzene, Ethyl Benzene, Toluene, Xylene, PNA's, Naphthalene, API Sludge

WASTE TYPE(S):
Liquid _X_ Solid _X_ Sludge _X_ Gas ___

CHARACTERISTIC(S):
Corrosive Ignitable _X_ Radioactive ___ Volatile _X_
Toxic _X_ Reactive Unknown Other ___
C. HAZARD EVALUATION

Consideration in developing this site safety plan was given to the potential hazard of the known chemicals, evaluating the toxicity, ignitability, reactivity, corrosiveness, physical state, and the quantity of the raw or waste materials that were expected to be generated, stored, or disposed of on-site.

EXPLOSIVE GASES:
LEL Action Level: 10% LEL on combustible gas meter
Required Action: Stop work, retreat.
Re-evaluate for flammability.
Resume work when LEL is less than 10% LEL.
Monitor continuously.

Airborne contaminants will be kept below TVUPEL levels in the breathing zone, thereby also controlling against an explosion hazard.

PHYSICAL HAZARDS:
Care will be taken to prevent slips due to the sludge. Care will be taken when working around Ponds #1, #2, and #3 because of the potential for drowning and/or submersion. Care will be taken to avoid overhead power lines because of the potential for electrocution. All SOPs for safe heavy equipment operations will be enforced.

NOISE:
Equipment operators and all employees working around the excavation and other heavy equipment operations will wear hearing protection with a minimum NA rating of 25 dB.

CONFINED SPACE:
None anticipated. Only shallow open excavations and filling operations will occur on-site.

WEATHER:
Adverse weather conditions may be present during the scheduled time of field operations. Both heat and cold conditions could be experienced during the fall start-up time for operations. Exposure to cold temperatures and heat stress can be hazards to safe work. Exposure may also be exacerbated by wearing PPE ensembles.
GBX Oil Company Exercise

D. ON-SITE CONTROL

Control boundaries are identified on the attached site map. The map shows the areas of the site to be secured and identifies the perimeters. Safe perimeter has been established and is shown on the map. No unauthorized person should be in this area.

Specific Site Entry Procedures: a site safety briefing will be held and the field engineer will answer any questions, make sure everyone understands the plan, and have everyone sign the Employee Waiver. Decontaminate all equipment prior to arrival and departure, wearing an appropriate level of protection for the task. The safety consultant will walk over work locations with the HNu to survey and document background. Document that above-ground clearance has been made, indicated by marked work locations. Advise field crew of telephone locations. Proceed to work locations.
GBX Oil Company Exercise

Site Map of the GBX Oil Company
E. REQUIRED PERSONAL PROTECTIVE EQUIPMENT

The following protective clothing materials are required for the specific task with the anticipated substances. No changes to the specified levels of protection shall be made without the approval of the Site Safety Consultant.

JOB TASK: Laborer who is spotting the transfer of sludge from the heavy equipment to the truck which takes the material to the incinerator.

POTENTIAL EXPOSURES:
- Benzene: 0.07 ppm
- Ethyl benzene: 185 ppm
- Toluene: 87 ppm
- Naphthalene: 14 ppm
- Xylene: 95 ppm
- API Sludge: 0.2 mg/m3
F. DECONTAMINATION PROCEDURES

Personal Hygiene: No smoking, drinking, chewing, or eating while working on the job site.

Wash hands and face at breaks, before eating, applying cosmetics, lip balm, and prior to leaving site.

Retain wash water in drum. Soil samples, if shown to possess contaminants upon laboratory analysis, will be returned to the site. All contaminated cuttings or soil should be placed on plastic sheeting or into the appropriate open-headed 55-gallon drums for subsequent disposal. PPE that is disposable should be placed in covered drums on site.

Levels A, B, and C PPE are available.

EMERGENCY DECONTAMINATION PROCEDURES:

Remove all clothing in order:
1. Sound alarm.
2. Outer boots, garment, and outer gloves;
3. Inner gloves, and goggles;
4. Respirator;
5. Irrigate affected areas.
6. Seek medical attention immediately.
GBX Oil Company Exercise

G. EMERGENCY PROCEDURES

The following standard emergency procedures will be used by on-site personnel. The Safety Consultant shall be notified of any on-site emergencies and be responsible for ensuring that the appropriate procedures are followed.

PERSONNEL INJURY IN THE EXCLUSION ZONE:
Upon an injury in the Exclusion Zone, if possible prior to movement, contact an ambulance and then the designated medical facility. Notify designated emergency contacts as soon as possible. No persons shall reenter the Exclusion Zone until the cause of the injury or symptoms is determined.

FIRE/EXPLOSION:
The fire department shall be alerted and all personnel moved to a safe distance from the involved area.

PERSONNEL PROTECTIVE EQUIPMENT FAILURE:
If any site worker experiences a failure or alteration of protective equipment that affects the protection factor, that person and his/her buddy shall immediately leave the Zone and complete decontamination. The Safety Consultant will be notified immediately to determine follow-up actions. Reentry shall not be permitted until the equipment has been repaired or replaced.

OTHER EQUIPMENT FAILURE:
If any other equipment on site fails to operate properly, the Site Safety Consultant shall be notified to determine the effects of this failure on continuing operations on site. If the failure affects the safety of personnel or prevents completion of the assigned tasks, all personnel shall leave the Exclusion Zone until the situation is evaluated and appropriate actions taken.
H. EMERGENCY CONTACTS/Routes

In the event of an emergency, the following will be notified:

- **GBX Vice President**: I. M. Rich, 606-257-4089
- **ABC Safety and Health Officer**: S. Muerto, 192-4231
- **CHEMTREX (24 hr. HOTLINE)**: 1-800-424-9300
- **National Response Center**: 1-800-424-8802

**EMERGENCY TELEPHONE NUMBERS ARE TO BE VERIFIED PRIOR TO ANY SITE ACTIVITIES.**

- **Ambulance**: Everdye Ambulance, 192-3030
- **Hospital Emergency Room**: Pucker Community Hospital, 192-1010
- **Poison Control Center**: Savior Hospital, 192-1012
- **Police**: Carson River Police, 654-3210
- **Fire Department**: Fire Station #3, 654-3210
- **Airport**: None within 50 miles
- **Explosives Unit**: None within 50 miles
- **Safety Consultant**: C.H.A.S.E., 642-4273

**EMERGENCY ROUTES:**

Hospital: Exit Site and go south on Highway 45. After crossing railroad tracks, go left on county road "CD." Take a right on Covered Bridge Road. Go left at stop sign, and proceed to emergency room entrance of Pucker Community Hospital.

Other: Medical evacuation helicopter from Hop Cops (606-221-1089). Flight time approximately 50 minutes (one way) in good weather.

Emergency routes are to be driven by all personnel prior to site activities.
I. EMPLOYEE WAIVER

I have received the health and safety plan for the work site. I have read this plan, had the opportunity to ask questions. I understand the information in this plan and had 3 days on-site training. I have participated in education and training programs in compliance with Federal OSHA 29 CFR 1910.120(e) 40 hours initial instruction and 8 hours of refresher training and am currently participating in the medical surveillance program as outlined in the Health and Safety Manual.

Name (please print) ___________________________ Signature _______________ Date __________

GBX Oil Company Exercise
III. MEDICAL SURVEILLANCE PROGRAM

PERSONNEL INCLUDED IN PROGRAM

1. All new employees prior to beginning work at the GBX Oil Company site will complete a pre-employment physical, which shall at a minimum include: a chest x-ray, pulmonary function test, blood lead test, and urinalysis. In addition to the pre-employment physical, the potential employee shall complete a detailed occupational and medical history questionnaire. The examining physician shall determine any limitations for respiratory and other personal protective equipment and certify these results to the employer. A copy of this respiratory fitness letter shall be placed in the employee's personnel file.

2. Employees who, in an emergency situation, have been exposed above the OSHA-PEL to any or all of the hazardous substances listed below will have additional exams.

2a) An emergency is an unplanned or unexpected release of any of the toxic substances listed in the facility description to which a worker may be exposed, without regard to respiratory protection.
IV. ON-SITE ORGANIZATION AND COORDINATION

The following personnel roles are needed on the site. A person may be designated to perform more than one function.

PROJECT MANAGER:

Primarily responsible for the fulfillment of the terms of the contract. Oversees operations and ensures that all legal and safety requirements are met. Keeps the project on schedule and within budgetary guidelines. Hires and directs all contractor personnel. Provides daily progress reports to the client on the achievement of phase goals.

SITE SUPERVISOR:

Functions as on-site coordinator. Oversees all operations for the Project Manager. Reports in a regular and comprehensive manner to the project manager. Implements the site perimeter and maintains site security. Supervises laborers, technicians, and equipment operators. Ensures all health and safety procedures are followed, especially those concerning personal protective equipment, decontamination, and mechanical operations.

FIELD TEAM LEADER:

Supervises field laborers, technicians, and equipment operators at the direction of the on-site supervisor. Carries out the instructions of the Site Supervisor.

LABORER:

Performs tasks as assigned by the Field Team Leader and Site Supervisor. Includes drum-handling, assisting equipment operators and technicians.

EQUIPMENT OPERATORS:

Operates and maintains equipment as directed by the Field Team Leader and Site Supervisor.

TECHNICIAN: Undertakes duties as assigned to monitor activities of Laborers and Equipment Operators, collect and analyze samples, facilitate completion of work requirements.
V STANDARD OPERATING PROCEDURES

A. PERSONAL PRECAUTIONS

1. Eating, drinking, chewing gum or tobacco, smoking, or any practice that involves hand-to-mouth transfer of material is prohibited in any area designated contaminated.

2. Hands and face must be thoroughly washed upon leaving the work area.

3. Whenever decontamination procedures for outer garments are in effect, the entire body should be thoroughly washed as soon as possible after the protective garment is removed.

4. No facial hair which interferes with a satisfactory fit of the mask-to-face-seal is allowed on personnel required to wear respirators.

5. Contact with contaminated or suspected contaminated surfaces will be avoided. Whenever possible, do not walk through puddles, leachate, discolored surfaces, kneel on ground, lean, sit, or place equipment on drums, containers, on the ground.

6. Medicine and alcohol can worsen the effects from exposure to toxic chemicals. Prescribed drugs should not be taken by personnel at hazardous waste operations where the potential for absorption, inhalation, or ingestion of toxic substances exists unless specifically approved by a qualified physician. Alcoholic beverage intake is prohibited.

7. All personnel must adhere to the information contained in the Site Safety Plan.

8. Contact lenses cannot be worn when respirator protection is required or when the hazard of a splash exists.

9. Personnel will be made aware of symptoms for toxic chemicals on site and for heat and cold stress.

10. Respirators shall be cleaned and disinfected after each day’s use or more often if necessary.

11. Prior to donning, respirators will be inspected for worn or deteriorated parts. Emergency respirators or self-contained breathing apparatus will be inspected at least once a month, and before and after each use.

12. The employee will be familiar with all sections of the established respirator program and site safety plan.
GBX Oil Company Exercise

B. OPERATIONS

1. All personnel going on-site must be adequately trained and thoroughly briefed on anticipated hazards, equipment to be worn, safety practices to be followed, emergency procedures, and communications.

2. Any required respiratory protective devices and clothing must be worn by all personnel going into areas designated for wearing protective equipment.

3. Personnel on-site must use the buddy system when wearing respiratory protective equipment. As a minimum, a third person, suitably equipped as a safety backup, is required during extremely hazardous entries.

4. Visual contact must be maintained with entry and safety personnel. Entry team members should remain close together to assist each other during emergencies.

5. During continual operations, on-site workers will act as safety backup to each other. Off-site personnel will provide emergency assistance.

6. Personnel must practice unfamiliar operations prior to undertaking the procedure of the GBX Oil Company Site Safety Plan. Entrance and exit locations must be designated and emergency escape routes delineated. Warning signals for site excavation must be established.

7. Communications using radios, hand signals, or other means must be maintained between initial entry members at all times. Emergency communications should be prearranged in case of radio failure, necessity for evacuation of site, or other reasons.

8. Wind indicators visible to all personnel must be strategically located throughout the site.

9. The work area will be areas surrounding Ponds 1, 2, and 3.

10. Procedures for leaving a contaminated area must be planned and implemented prior to going on-site. Work areas and decontamination procedures must be established.

11. Frequent and regular inspections of site operations will be conducted to ensure compliance with the Site Safety Plan. If any changes in operation occur, the Site Safety Plan must be modified to reflect change.

12. Fire prevention and protection (appropriate signs for flammable liquids, smoking areas, storage areas of combustible or flammable materials, etc.) shall be in accordance with OSHA 29 CFR 1926.150 Subpart F.
SCOPE OF WORK FOR THE BRUNSWICK MAINTENANCE FACILITY GENERAL CONTRACTOR: SMARTFOLKS, INC.

A. Purpose of Work

Smartfolks, Inc will safely dispose of hazardous chemicals in the Brunswick Maintenance Facility through a Phase III clean-up operation of the building and surrounding area. Phase I and II—Preliminary Investigation and Site Characterization—are already completed. Remediation services will begin in September 1997 and are expected to be completed by March 1998.

B. Property History

The Brunswick Maintenance Facility was completed in 1944. The building has served nuclear development sites throughout the region, including the DMB-5 site in nearby Nobodyville. In addition to basic maintenance functions, the facility has also served as a uranium foundry from 1944 through 1971. Numerous additions and improvements have been made on the building, including addition of a second level and exterior storage shed during the 1950’s and construction of an acid pond for industrial waste in 1982. As the demand for nuclear development decreased with the end of the Cold War, the Brunswick Maintenance Facility was abandoned in 1992 after a period of declining activity.

The facility is 300 yards north of the Countryfresh River. To the northeast is the acid pond, secluded by a pine grove. A deteriorating parking lot and a storage shed lie to the west of the facility. The site is fairly isolated, with a camp two miles east and a small farm three miles west as the closest neighbors.
Brunswick Maintenance Facility

C. Current Property Status

Phase I and II studies of the site show that both the building itself and the surrounding soil and water may be contaminated. The structure is insulated with asbestos fibers, and both the interior and exterior paint are lead-based. Lead paint chips have been discovered on the edges of the rooms on all three floors. Beryllium and uranium dusts have been detected on the machinery surfaces. Epoxy resins also may be contaminants at the facility.

On the basement level, two fifty-five gallon drums marked "degreasing sludge" sit in the southeast corner of the room. They are dusty but full and intact. Various pieces of machinery have been left on the floor. A crumbling concrete stairway in the northwest corner leads to the ground and first floors.

On the ground floor, several open flasks of mercury have been discovered on a table in the northeast corner. Along the eastern wall, some flasks have apparently broken and leaked mercury through cracks in the wall. Maintenance equipment has been left around the room here also.

The first-floor ceiling is circled by a system of heating pipes that are covered with a thick layer of dust. The maintenance equipment is also covered with a thick layer of dust. An industrial elevator on the north side of the building is suspended at the first floor. Two small windows are on both the east and west walls of the room.

Initial soil borings reveal mercury contamination in the soil to the east of the building. Water samples of the Countryfresh River indicate that the stream may be contaminated by the facility's wastes.

A chemical inventory, based on information from the site investigation, includes two 55-gallon drums of degreasing sludge. The drums are full and intact.
Brunswick Maintenance Facility

I. SITE-SPECIFIC SAFETY PLAN FOR BRUNSWICK MAINTENANCE FACILITY REMEDIATION

A. General Information

PROJECT NAME: Brunswick Maintenance Facility D&D
PROJECT NO.: 420
LOCATION: Nobodyville County, New York
PLAN PREPARED BY: Smartfolks, Inc.
DATE: June 1997
REVIEWED BY: Felipe Howard, CIH DATE: June 1, 1997

OBJECTIVES:
Phase I and II site assessments have been completed. Phase III operations at Brunswick Maintenance Facility will now begin. This step involves the clean-up, removal, and safe disposal of the remaining chemical wastes. The building and surrounding areas will also be remediated.

SCOPE OF WORK:
1. Remove, package in approved DOT containers, and transport chemicals for proper disposal to landfill or incinerator.
2. Decontaminate existing structure.
3. Properly dispose of waste materials including wash solution.
4. Perform final survey of property to locate any contaminants.

SUMMARY OF OVERALL HAZARD:
Serious X Moderate Low Unknown

SPECIFIC HAZARDS PRESENT:
Poison by inhalation; poison by contact; sensitization; flammable liquids; usual construction site hazards

WORK LIMITATIONS (Time of day, heat, cold, etc.)
1. Normal daylight hours.
2. Suspend activity if it begins to rain or lightning appears.
3. Winter work required to complete job on time.
SITE DESCRIPTION:

The 105,000 square foot Brunswick Maintenance Facility sits on 3.2 acres. The site is located three hundred yards north of the Countryfresh River. This river as well as the soil to the east of the building show signs of contamination by mercury, lead, and other chemicals. Ten yards west of the building is a small wooden shed with a deteriorating parking lot immediately north. Neither of these structures is included in the remediation process. An acid pond, secluded by a pine grove, has been built about one hundred yards northeast of the main building.

Two miles downstream from the facility is Camp Countryfresh, a summer camp for underprivileged urban youth. The camp uses the river for recreational activities. Three miles upstream is a small, organic vegetable farm that also has the river as its water source. Ten miles north of the facility, the Nobodyville State Nature Preserve begins. Trees in the southern region of the preserve have begun to show signs of contamination.

The two-story building and the surrounding soil and groundwater will be remediated.
B. Site and Waste Characteristics

FACILITY DESCRIPTION:
The site was most recently a maintenance shop for nuclear development centers in New York and the Atlantic region, particularly the DMB-5 site in nearby Nobodyville. Besides its basic maintenance functions, the facility also served as a uranium foundry from 1944 through 1971. All activity ended in 1992, when the demand for nuclear weapons declined with the end of the Cold War.

The two-story steel-frame structure has interior and exterior walls of masonry. The floors are concrete. An industrial elevator runs from the ground to the first floor. Numerous additions and improvements have been made, including the shed and upper floor in the 1950's and the acid pond in 1982. No major spills or accidents have been reported.

HISTORY: No other history.

STATUS: Inactive

UNUSUAL SITE FEATURES:
The Countryfresh River is located three hundred yards south of the building. Two miles east downstream is a summer camp. Four miles northwest upstream is an organic vegetable farm. A nature preserve is located ten miles north, just above the interstate highway. On the site is an acid waste pond.
BIOLOGICAL INDICATORS:
The pines in the grove surrounding the acid pond have begun to turn yellowish and limp. Trees in the nature preserve also have become diseased.

DISPERSION PATHWAYS:
Contaminants can be spread by air, soil, groundwater, and vehicle tires.

WIND DIRECTION:
Winds generally come from the northwest.

DRAINAGE:
The ground slopes down towards the Countryfresh River.

ANTICIPATED CONTAMINANTS:
Mercury, asbestos, lead, uranium, epoxy resin, and beryllium can be expected.

WASTE TYPE (S):
Liquid X Solid X Sludge X Vapor X

CHARACTERISTICS:
Corrosive X Ignitable X Radioactive X Volatile X
Toxic X Reactive X Unknown X

PRINCIPAL DISPOSAL METHOD:
Transportation packaging will comply with D.O.T. Performance and Packaging Standards (49 CFR 107). Disposal should be in an EPA-approved landfill or incinerator. Check with the facility for additional packaging or quantity restrictions.
C. Hazard Evaluation

Site Safety plans develop through careful evaluation of the potential hazards of the known chemicals. Their toxicity, ignitability, reactivity, corrosiveness, and physical state are analyzed before the actual clean-up begins. In addition, the quantity of the hazardous waste must be determined.

EXPLOSIVE GASES: Whenever possible, airborne contaminants will be kept below TLV/PEL levels in the breathing zone through supplied ventilation, thereby controlling against an explosion hazard.

PHYSICAL HAZARDS: Note land features, vehicle movement, fire, explosion, liquid pools, uneven terrain, slippery conditions, electrical sources, welding, etc. that may create hazards. In order to complete the work on schedule, active remediation will be conducted during November, December, and January — traditionally very cold months in New York.

NOISE: Equipment operators and all employees working around the forklift will wear hearing protection with a minimum NR rating of 25 dB.

DUSTS: Dusts may be found on the heating pipes, maintenance equipment, drums, and in the air. Appropriate respiratory protection must be worn.
D. On-Site Control

Control boundaries are identified on the attached site map. The map shows the areas of the site to be secured and identifies the perimeters. A safe perimeter has been drawn and is shown on the map. No unauthorized person should be in this area.

Specific Site Entry Procedures: A site safety briefing will be held, and the field engineer will answer any questions. Make sure everyone understands the plan, and have everyone sign the Employee Waiver. While wearing an appropriate level of protection for the task, decontaminate all equipment prior to departure. The safety consultant will walk over work locations with a HNu photoionizer to survey and document background. Document that above-ground clearance has been made, indicated by marked work locations. Advise field crew of telephone locations. Proceed to work locations.
Brunswick Maintenance Facility

Overhead Site Map of the Brunswick Maintenance Facility
E. Required Personal Protective Equipment

The following protective clothing materials are required for the specific task with the anticipated substances. No changes to the specified levels of protection shall be made without the approval of the Site Safety Consultant.

JOB TASK: Soil Mover (Laborer); Vacuumer (Laborer)

CHEMICAL EXPOSURES: mercury, lead, beryllium, uranium, unknown chemicals

PERSONAL PROTECTIVE EQUIPMENT: half-mask chemical cartridge respirator, goggles, and protective clothing if chance of contact

F. Decontamination Procedures

Personal Hygiene: No smoking, drinking, chewing, or eating while working on the job site.

Wash hands and face at breaks; before eating, applying cosmetics, or lip balm; and prior to leaving site.

Retain wash water in drum. Soil samples, if shown to possess contaminants upon laboratory analysis, will be returned to the site. All contaminated cuttings or soil should be placed on plastic sheeting or into the appropriate open-headed 55-gallon drums for subsequent disposal. PPE that is disposable should be placed in covered drums on site.

Levels A, B, and C PPE are available.

EMERGENCY DECONTAMINATION PROCEDURES:
Perform in order:
1. Sound alarm.
2. Remove in order:
   a) Outer boots, outer gloves, and garment;
   b) goggles and respirator
   c) Inner gloves
3. Irrigate affected areas.
4. Seek medical attention immediately.
G. Emergency Procedures

The following standard emergency procedures will be used by on-site personnel. The Safety Consultant shall be notified of any on-site emergencies and be responsible for ensuring that the appropriate procedures are followed.

Personnel Injury in the Exclusion Zone:
Upon an injury in the Exclusion Zone, if possible prior to moving the individual, contact an ambulance and then the designated medical facility. Notify designated emergency contacts as soon as possible. No persons shall reenter the Exclusion Zone until the cause of the injury or symptoms is determined.

Fire/Explosion:
The fire department shall be alerted and all personnel moved to a safe distance from the involved area.

Personnel Protective Equipment Failure:
If any site worker experiences a failure or flaw in equipment that affects the protection factor, that person and his/her buddy shall immediately leave the Zone and complete decontamination. The Safety Consultant will be notified immediately to determine follow-up actions. Reentry shall not be permitted until the equipment has been repaired or replaced.

Other Equipment Failure:
If any other equipment on site fails to operate properly, the Site Safety Consultant shall be notified to determine the effects of this failure on continuing operations on site. If the failure affects the safety of personnel or prevents completion of the assigned tasks, all personnel shall leave the Zone until the situation is evaluated and appropriate actions taken.

Heat and Cold:
Temperature extremes put extra physical stress on the body. Long periods of exposure to heat may cause illness, particularly if an employee is not used to working in hot areas. Also, heat builds up inside protective clothing, so there is a risk of heat stress even if outside temperatures are moderate. Cold stress is less common but may occur if work is required outdoors or in unheated buildings in winter months.
Signs and Symptoms of Heat Stress

Heat Cramps

Symptoms: Painful muscle spasms
Cause: Profuse sweating and drinking large amounts of water
Treatment: Provide liquids with electrolytes (sodium, potassium) like diluted Gatorade™.

Heat Exhaustion

Symptoms: Weakness; fatigue; dizziness; pale, cool, moist skin; heavy sweating; headache; nausea; and fainting
Cause: Reduced blood volume resulting from dehydration from profuse sweating and insufficient replacement of water and salts.
Treatment: If worker is conscious, have him/her rest in a cool place. Replace water and electrolytes lost in sweat. If worker is unconscious, get medical help immediately. DO NOT give liquids if person is unconscious.

Heat Stroke

Symptoms: Very dry, hot skin with red mottled or bluish appearance; confusion; convulsions; unconsciousness; rapidly rising temperature
Cause: Body becomes overheated because the worker does not sweat. Can be fatal.
Treatment: Call for medical help immediately. Move person to cool place. Remove PPE. Use wet towels or water and fan to cool while waiting for help.

Heat stroke is a life-threatening emergency. Medical attention is required.
Cold also may be a hazard. If the body is overexposed to cold, the following problems could occur:

**Frostbite**

- **Symptoms:** Face, hands, or feet become numb.
- **Cause:** The body is exposed to extreme cold for a long period of time.
- **Treatment:** Frostbitten tissue should be gently warmed and not exposed to further cold.

**Hypothermia**

- **Symptoms:** Body temperature may lower or worker may shiver or feel drowsy. If body temperature is reduced to 80°F (or below), unconsciousness is often followed by death.
- **Cause:** The body is wet, cold, or exhausted, and the response to minimize heat loss becomes ineffective if body temperature goes below 86°F.
- **Treatment:** Warm the body. Get medical assistance.

Specific training is required to deal with these emergencies. The potential for these stresses at your facility should be recognized in advance and appropriate precautions taken.
**H. Emergency Contacts**

Emergency numbers are to be verified prior to any site activities.

In the event of an emergency, notify the following personnel:

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Initial Emergency Contact</td>
<td>Frida Buffett</td>
<td>948-8732</td>
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<tr>
<td>Ambulance</td>
<td>Ma and Pa's Volunteer Life Squad</td>
<td>948-1845</td>
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<tr>
<td>Hospital Emergency Room</td>
<td>Madre de Salud</td>
<td>821-4803</td>
</tr>
<tr>
<td>Poison Control Center</td>
<td>Nobodyville Poison Control Center</td>
<td>821-3997</td>
</tr>
<tr>
<td>Police</td>
<td>Nobodyville Police</td>
<td>948-6239</td>
</tr>
<tr>
<td>Fire Department</td>
<td>Big Red Engine Company</td>
<td>948-8543</td>
</tr>
<tr>
<td>Airport</td>
<td>Greater Nobodyville Airfields</td>
<td>821-2576</td>
</tr>
<tr>
<td>Explosives Unit</td>
<td>Nobodyville Bomb Squad</td>
<td>948-1385</td>
</tr>
<tr>
<td>Safety Consultant</td>
<td>Sanzone Brothers</td>
<td>821-6161</td>
</tr>
</tbody>
</table>
I. Employee Waiver

I have received the health and safety plan for the work site. I have read this plan and had the opportunity to ask questions. I understand the information in this plan and had 3 days on-site training. I have participated in education and training programs in compliance with Federal OSHA 29 CFR 1910.120(e), including 40 hours initial instruction and 8 hours of refresher training, and I am currently participating in the medical surveillance program as outlined in the health and safety manual.
Brunswick Maintenance Facility

III. MEDICAL SURVEILLANCE PROGRAM

Personnel Included in Program

1. All new employees prior to beginning work at the Brunswick Maintenance Facility site will complete a pre-employment physical, which shall at a minimum include: a chest x-ray, pulmonary function test, blood lead test, and urinalysis. In addition to the pre-employment physical, the potential employee shall complete a detailed occupational and medical history questionnaire. The examining physician shall determine any limitations for respiratory and other personal protective equipment and certify these results to the employer. A copy of this respiratory fitness letter shall be placed in the employee's personnel file.

2. Employees who, in an emergency situation, have been exposed above the OSHA PEL to any hazardous substances will have additional exams.

An emergency is an unplanned or unexpected release of any of the toxic substances listed in the facility description to which a worker may be exposed, without regard to respiratory protection.
IV. ON-SITE ORGANIZATION AND COORDINATION

The following personnel roles are needed on the site. A person may be designated to perform more than one function.

Project Manager:
- Primarily responsible for the fulfillment of the terms of the contract.
- Oversees operations and ensures that all legal and safety requirements are met.
- Keeps the project on schedule and within budgetary guidelines.
- Hires and directs all contractor personnel.
- Provides daily progress reports to the client on the achievement of phase goals.

Site Supervisor:
- Functions as on-site coordinator.
- Oversees all operations for the Project Manager.
- Reports in a regular and comprehensive manner to the project manager.
- Implements the site perimeter and maintains site security.
- Supervises laborers, technicians, and equipment operators.
- Ensures all health and safety procedures are followed, especially those concerning personal protective equipment, decontamination, and mechanical operations.

Field Team Leader:
- Supervises field laborers, technicians, and equipment operators at the direction of the on-site supervisor.
- Carries out the instructions of the Site Supervisor.

Laborer:
- Performs tasks as assigned by the Field Team Leader and Site Supervisor, including drum-handling and assisting equipment operators and technicians.

Equipment Operators:
- Operate and maintain forklift as directed by the Field Team Leader and Site Supervisor.

Technician:
- Undertakes duties as assigned to monitor activities of Laborers and Equipment Operators, collects and analyzes samples, facilitates completion of work requirements.
V. STANDARD OPERATING PROCEDURES

A. Personal Precautions

1. Eating, drinking, chewing gum or tobacco, smoking, or any practice that involves hand-to-mouth transfer of material is prohibited in any area designated contaminated.

2. Hands and face must be washed thoroughly upon leaving the work area.

3. Whenever decontamination procedures for outer garments are in effect, the entire body should be washed thoroughly as soon as possible after the protective garment is removed.

4. No facial hair which interferes with a satisfactory fit of the mask-to-face-seal is allowed on personnel required to wear respirators.

5. Contact with contaminated or suspected contaminated surfaces will be avoided. Whenever possible, do not walk through puddles, leachate, discolored surfaces, kneel on ground, lean, sit, or place equipment on drums, containers, or the ground.

6. Medicine and alcohol can worsen the effects from exposure to toxic chemicals. Prescribed drugs should not be taken by personnel at hazardous waste operations where the potential for absorption, inhalation, or ingestion of toxic substances exists, unless specifically approved by a qualified physician. Alcoholic beverage intake is prohibited.

7. All personnel must adhere to the information contained in the site safety plan.

8. Contact lenses cannot be worn when respiratory protection is required or when a splash hazard exists.

9. Personnel will be made aware of symptoms for toxic chemicals on site and for heat and cold stress.

10. Respirators shall be cleaned and disinfected after each day's use or more often if necessary.

11. Prior to donning, respirators will be inspected for worn or deteriorated parts. Emergency respirators or self-contained breathing apparatus will be inspected at least once a month and before and after each use.

12. The employee will be familiar with all sections of the established respirator program and site safety plan.
B. Operations

1. All personnel going on-site must be trained adequately about the anticipated hazards, equipment to be worn, safety practices to be followed, emergency procedures, and communications.

2. Any required respiratory protective devices and clothing must be worn by all personnel going into areas designated for wearing protective equipment.

3. Personnel on-site must use the buddy system when wearing respiratory protective equipment. As a minimum, a third person, suitably equipped as a safety back-up, is required during extremely hazardous entries.

4. Visual contact must be maintained with entry and safety personnel. Entry team members should remain close together to assist each other during emergencies.

5. During continual operations, on-site workers will act as safety back-up to each other. Off-site personnel will provide emergency assistance.

6. Personnel must practice unfamiliar operations before actual remediation of the Brunswick Maintenance Facility. Entrance and exit locations and emergency escape routes must be designated. Workers should know communication signals.

7. Communications using radios, hand signals, or other means must be maintained among entryway workers at all times. Emergency communications should be prearranged in case of radio failure, necessity for evacuation of the site, or other reasons.

8. Wind indicators visible to all personnel must be located strategically throughout the site.

9. The work area will be limited to the two-story structure and surrounding contaminated areas.

10. Procedures for leaving a contaminated area must be explained before work begins. Work areas and decontamination procedures must be established.

11. Frequent and regular inspections of site operations will be conducted to ensure compliance with the site safety plan. If any changes in operation occur, the site safety plan must also be changed.

12. Fire prevention and protection (appropriate signs for flammable liquids, smoking areas, storage areas of combustible or flammable materials, etc.) shall be in accordance with OSHA 29 CFR 1926.150 Subpart F.
Appendix C

I. SCOPE OF WORK
   FOR THE WADDA MESSA LANDFILL

A. PURPOSE OF WORK

Phase I and II (Preliminary Investigation and Site Characterization) have been completed for the Wadda Messa Landfill. The landfill is leaking 2,4-D, ONT, and TNT into the water table. ABC Remediation is charged with stopping the flow of contaminants by installing leachate and soil gas recovery systems in the landfill. ABC Remediation will also install a clay cap over the landfill.

B. PROPERTY HISTORY

In 1941, the U.S. Army acquired approximately 17,000 acres in St. Rich County for construction of the Wadda Messa Ordnance Works. The limestone was excavated to provide building materials for the ordnance works complex. The ordnance works produced TNT and ONT explosives between 1941 and 1944. Briefly reopened during 1945 and 1946, the ordnance works were subsequently closed and declared surplus by the Army in 1946. The excavated limestone pits were used by the Army during the 1940's for disposal of chemically contaminated materials.

The Army reactivated the chemical plant site in 1967 for conversion to a 2,4-D production facility. The herbicide was produced for two years before the Army shut down the operation. The Army did partially decontaminate some of the buildings. Some rubble and process equipment were placed in the landfill. Since that time, the chemical plant and the landfill have been unused. Throughout the period of waste disposal, a variety of waste was disposed in the landfill. This waste included structural steel, drums of solid and liquid chemical waste, process equipment, concrete, soil, etc.

The EPA listed the landfill on the National Priorities List (NPL) in July 1987. This listing was expanded in March 1989 to include the chemical plant. At that time the expanded listing was designated as the Wadda Messa Landfill, Wadda Messa Chemical Plant. The landfill and the chemical plant are under the control of the U.S. Department of Defense (DOD) and occupy 220 acres.
C. CURRENT PROPERTY STATUS

The landfill occupies an excavated limestone bluff above the Little Muddy River flood plain. The limestone formation contains cracks, and the waste is contaminating the local ground water. The landfill is approximately 1,100 feet long and 450 feet wide, covering about 9 acres. Approximately 95,000 cubic yards of chemically contaminated waste have been placed in the landfill. DOD has installed 26 ground water monitoring wells on the north and south sides of the slough. Data from these wells show that ground water between the landfill and the slough is contaminated with chemicals from the landfill. However, the slough appears to act as a barrier to ground-water migration south of the slough.
A. GENERAL INFORMATION

PROJECT NAME: Wadda Messa Landfill
PROJECT NO.: 5280 Route 19, Osage
PLAN PREPARED BY: ABC Remediation
DATE: May, 1991
REVIEWED BY: Carol Rice, PhD, CIH DATE: May 2, 1991

Waste Types:
- Liquid
- Solid
- Sludge
- Gas

Characteristics:
- Corrosive
- Ignitable
- Toxic
- Radioactive
- Reactive

Wadda Messa is located in a heavily forested, rolling terrain approximately 30 miles southwest of a large metropolitan area. The site consists of two areas: the chemical plant and the landfill, which is approximately 4 miles south of the chemical plant. To the East of the landfill and Chemical plant are the U.S. Army Reserve and National Guard training area. The U.S. Army Reserve and National Guard training area are also listed on the NPL but are the responsibility of the Department of Defense.

The landfill is surrounded by the Wadda Messa Wildlife Area. The Hope Springs Island Wildlife Area is immediately east of the landfill across the Little Muddy River. These areas are managed by the State's Department of Conservation and are open to the public on a year-round basis. Agricultural crops are grown on alluvial terrain to the South of the landfill and chemical plant.

The Little Muddy River is located approximately 1 mile to the east of the landfill. The Femme Osage Slough is located between the landfill and the river, about 0.15 miles south of the landfill. In addition, an alluvial well field, which supplies drinking water to more than 60,000 residents, is located about 0.5 to 1 mile Southeast and down gradient of the landfill.

The area around the landfill is sparsely populated, but human contamination in the vicinity must be considered a priority. The landfill is adjacent to State Road 19. In addition, the surrounding wildlife area receives several thousand recreational visitors each year. A permanently occupied residence is located about 1 mile to the southwest of the landfill. Also, Francis Scott Key High School, located on Route 19 about 4.5 miles northeast of the landfill, serves approximately 2,300 students and faculty.
OBJECTIVES:

The proposed action is being carried out by ABC Remediation as a separate operable unit under CERCLA. The RI/FS process for this action has been completed, and the Record of Decision has been signed by the EPA Region VII.

The proposed action involves:

- recovery of ground water within the landfill.
- shaping waste piles.
- characterizing the waste to meet the requirements of CERCLA and associated ARARs.
- installing a clay cap.

SCOPE OF WORK:

The first phase is the capping of the landfill. Once the landfill is capped, ground water and off-site soils will be characterized to determine the nature and the extent of contamination. This characterization program will be adequate to support the CERCLA decision making process for final clean-up of the ground water.

There are four basic components to capping at Wadda Messa Landfill:

1. Reshaping and grading of the waste pile and the installation of the clay cap.
2. Installation of the synthetic cap.
3. Installation of additional monitoring wells and site characterization.
4. Installation of leachate and soil gas recovery systems which involve drilling both in and outside of the waste pile. Drilling will occur approximately six months after the cap installation.
B. SITE AND WASTE CHARACTERISTICS

STATUS: Inactive

UNUSUAL SITE FEATURES:
Femme Osage Slough, Little Muddy River, porosity of terrain

BIOLOGICAL INDICATORS:
None noted at this time.

DISPERSION PATHWAYS:
Air, ground water, tracked on vehicles.

WIND DIRECTION:
Generally from the west.

DRAINAGE:
Sandy soils sloping towards alluvial terrain.

ANTICIPATED CONTAMINANTS: 2,4-D, DNT, and TNT

WASTE TYPE (S):
Liquid X Solid X Sludge _ Gas X

CHARACTERISTICS:
Corrosive X Ignitable X Radioactive Volatile X
Toxic X Reactive X Unknown X

PRINCIPAL DISPOSAL METHOD:
Recovered materials will be drummed and stored on-site.
SUMMARY OF OVERALL HAZARD

The physical characteristics of the bulk waste are not completely known. Therefore, the waste will be excavated using an observational method. Anticipated hazards include: free liquids, greater concentrations of chemical contamination than estimated; higher level of protection required for personnel; instability of landfills surface (e.g., free liquids below surface).

Present estimates place the maximum depth of the waste material at 40 feet. Current conceptual plans call for the waste to be shaped to provide drainage. Bulldozers and graders would be used for shaping and placing the clay cap. A hydraulic crane would be used to remove or reposition heavy structural shapes. A bulldozer would work the landfill at the face of the waste pile to push the waste. This method assumes the waste will be adequately dewatered.

If engineering controls are required to control dusts or vapor emissions, the following may be implemented:

- application of water to reduce dust.
- reduction of the exposed working face.
- covering of the exposed face with flexible membrane sheeting.
- application of mechanical ventilators.
- cessation of work until airborne concentrations stabilize.

SPECIFIC HAZARDS PRESENT:

Explosion hazard; Poison by inhalation; Flammable Liquids; Usual construction site hazards

WORK LIMITATIONS (Time of day, heat, cold, etc.):

1. Normal daylight hours.
2. Suspend activity if it begins to rain or lightning appears.

SITE STATUS:

Environmental monitoring in the vicinity of the Wadda Messa Landfill indicates the landfill is leaking and that contaminants are migrating toward a county well field which provides potable water for over 60,000 people. In response to this potential threat, the U.S. DOD has determined that expedited response is necessary to safeguard the public health.
D. ON-SITE CONTROL

Control boundaries are identified on the attached site map. The map shows the areas of the site to be secured and identifies the perimeters. Safe perimeter has been established and is shown on the map. No unauthorized person should be in this area.

Specific Site Entry Procedures: a site safety briefing will be held and the field engineer will answer any questions, make sure everyone understands the plan, and have everyone sign the Employee Waiver. Decontaminate all equipment prior to arrival and departure, wearing an appropriate level of protection for the task. The safety consultant will walk over work locations with the HNu to survey and document background. Document that above-ground clearance has been made, indicated by marked work locations. Advise field crew of telephone locations. Proceed to work locations.
Wadda Messa Exercise

Site Map of the Wadda Messa Landfill
Wadda Messa Exercise

E. REQUIRED PERSONAL PROTECTIVE EQUIPMENT

The following protective clothing materials are required for the specific task with the anticipated substances. No changes to the specified levels of protection shall be made without the approval of the Site Safety Consultant.

JOB TASK: Seamer
POTENTIAL EXPOSURE: 2,4-D, DNT, TNT
F. DECONTAMINATION PROCEDURES

Personal Hygiene: No smoking, drinking, chewing, or eating while working on the job site.

Wash hands and face at breaks; before eating, applying cosmetics, lip balm; and prior to leaving site.

EMERGENCY DECONTAMINATION PROCEDURES:
Remove all clothing in order:

1. Sound alarm;
2. Outer boots, garment, and outer gloves;
3. Inner gloves, and goggles;
4. Respirator;
5. Irrigate affected areas;
6. Seek medical attention immediately.

Retain wash water in drum. Soil samples, if shown to possess contaminants upon laboratory analysis, will be returned to the site. All contaminated cuttings or soil should be placed on plastic sheeting or into the appropriate open-headed 55-gallon drums for subsequent disposal. PPE that is disposable should be placed in covered drums on-site.
Wadda Messa Exercise

G. EMERGENCY PROCEDURES

The following standard emergency procedures will be used by on-site personnel. The Safety Consultant shall be notified of any on-site emergencies and be responsible for ensuring that the appropriate procedures are followed.

Personnel Injury in the Exclusion Zone:
Upon an injury in the Exclusion Zone, if possible prior to movement, contact an ambulance and then the designated medical facility. Notify designated emergency contacts as soon as possible. No persons shall reenter the Exclusion Zone until the cause of the injury or symptoms is determined.

Fire/Explosion:
The fire department shall be alerted and all personnel moved to a safe distance from the involved area.

Personnel Protective Equipment Failure:
If any site worker experiences a failure or alteration of protective equipment that affects the protection factor, that person and his/her buddy shall immediately leave the Zone and complete decontamination. The Safety Consultant will be notified immediately to determine follow-up actions. Reentry shall not be permitted until the equipment has been repaired or replaced.

Other Equipment Failure:
If any other equipment on site fails to operate properly, the Site Safely Consultant shall be notified to determine the effects of this failure on continuing operations on site. If the failure affects the safety of personnel or prevents completion of the assigned tasks, all personnel shall leave the Zone until the situation is evaluated and appropriate actions taken.
H. EMERGENCY CONTACTS

In the event of an emergency, the following will be notified:

Name: T. Bushmeister
Telephone No.: 942-8623

EMERGENCY TELEPHONE NUMBERS ARE TO BE VERIFIED PRIOR TO ANY SITE ACTIVITIES

<table>
<thead>
<tr>
<th>Service</th>
<th>Name</th>
<th>Telephone No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulance</td>
<td>Little Muddy Ambulance</td>
<td>242-8241</td>
</tr>
<tr>
<td>Hospital Emergency Room</td>
<td>Hope Springs Hospital</td>
<td>242-3224</td>
</tr>
<tr>
<td>Poison Control Center</td>
<td>Femme Osage Regional Chemical Unit</td>
<td>242-2528</td>
</tr>
<tr>
<td>Police</td>
<td>Hope Springs Metro Police</td>
<td>242-9271</td>
</tr>
<tr>
<td>Fire Department</td>
<td>Metro Fire Station #67</td>
<td>242-5274</td>
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<td>Airport</td>
<td>Little Muddy Field</td>
<td>242-5168</td>
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<td>Explosives Unit</td>
<td>Metro Police</td>
<td>242-9871</td>
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<tr>
<td>Safety Consultant</td>
<td>C.H.A.S.E.</td>
<td>642-4273</td>
</tr>
</tbody>
</table>
Wadda Messa Exercise

I. EMPLOYEE WAIVER

I have received the health and safety plan for the work site. I have read this plan, had the opportunity to ask questions. I understand the information in this plan and had 3 days on-site training. I have participated in education and training programs in compliance with Federal OSHA 29 CFR 1910.120(e) 40 hours initial instruction and 8 hours of refresher training and am currently participating in the medical surveillance program as outlined in the Health and Safety Manual.

Name (please print) Signature Date
III. MEDICAL SURVEILLANCE PROGRAM

Personnel Included in Program

1. All new employees prior to beginning work at the Wadda Messa site will complete a pre-employment physical, which shall at a minimum include: a chest x-ray, pulmonary function test, blood lead test, and urinalysis. In addition, to the pre-employment physical, the potential employee shall complete a detailed occupational and medical history questionnaire. The examining physician shall determine any limitations for respiratory and other personal protective equipment and certify these results to the employer. A copy of this respiratory fitness letter shall be placed in the employee’s personnel file.

2. Employees who, in an emergency situation, have been exposed above the OSHA-PEL to any or all of the hazardous substances listed below will have additional exams.

   2a) An emergency is an unplanned or unexpected release of any of the toxic substances listed in the facility description to which a worker may be exposed, without regard to respiratory protection.
Wadda Messa Exercise

IV. ON-SITE ORGANIZATION AND COORDINATION

The following personnel roles are needed on the site. A person may be designated to perform more than one function.

Project Manager:

Primarily responsible for the fulfillment of the terms of the contract. Oversees operations and ensures that all legal and safety requirements are met. Keeps the project on schedule and within budgetary guidelines. Hires and directs all contractor personnel. Provides daily progress reports to the client on the achievement of phase goals.

Site Supervisor:

Functions as on-site coordinator. Oversees all operations for the Project Manager. Reports in a regular and comprehensive manner to the project manager. Implements the site perimeter and maintains site security. Supervises laborers, technicians, and equipment operators. Ensures all health and safety procedures are followed especially those concerning personal protective equipment, decontamination, and mechanical operations.

Field Team Leader:

Supervises field laborers, technicians, and equipment operators at the direction of the on-site supervisor. Carries out the instructions of the Site Supervisor.

Laborer:

Performs tasks as assigned by the Field Team Leader and Site Supervisor. Includes drum-handling, assisting equipment operators and technicians.

Seamer:

Lays and seams the synthetic cap materials. Checks for integrity and oversees any work which may compromise the seams of the synthetic cap.
Appendix C

Wadda Messa Exercise

Site Safety Officer:

Maintains proper medical surveillance including preentry and exit physical examinations. Provides hazard communication information. Trains employees on safe work practices. Monitors worker and area exposures. Provides guidance on the selection of personal protective equipment including respirators. Recommends proper decontamination procedures. Recommends the perimeters of work zones. Advises the Project Manager on all health and safety matters for both the on-site workers and the public. Responsible for implementation of compliance with all federal and state health and safety regulations.

Technician:

Performs tasks as assigned by the Field Team Leader and Site Supervisor. Includes environmental monitoring and sampling. Monitors contamination levels of workers and equipment. Maintains communications equipment including portable and mobile radios and telephone service at the site.

Equipment Operators:

Operate and maintain equipment as directed by the Field Team Leader and Site Supervisor.
Wadda Messa Exercise

V. STANDARD OPERATING PROCEDURES

A. PERSONAL PRECAUTIONS

1. Eating, drinking, chewing gum or tobacco, smoking, or any practice that involves hand-to-mouth transfer of material is prohibited in any area designated contaminated.

2. Hands and face must be thoroughly washed upon leaving the work area.

3. Whenever decontamination procedures for outer garments are in effect, the entire body should be thoroughly washed as soon as possible after the protective garment is removed.

4. No facial hair which interferes with a satisfactory fit of the mask-to-face-seal is allowed on personnel required to wear respirators.

5. Contact with contaminated or suspected contaminated surfaces will be avoided. Whenever possible, do not walk through puddles, leachate, discolored surfaces, kneel on ground, lean, sit, or place equipment on drums, containers, or the ground.

6. Medicine and alcohol can worsen the effects from exposure to toxic chemicals. Prescribed drugs should not be taken by personnel at hazardous waste operations where the potential for absorption, inhalation, or ingestion of toxic substances exists unless specifically approved by a qualified physician. Alcoholic beverage intake is prohibited.

7. All personnel must adhere to the information contained in the Site Safety Plan.

8. Contact lenses cannot be worn when respirator protection is required or when the hazard of a splash exists.

9. Personnel will be made aware of symptoms for toxic chemicals on site and for heat and cold stress.

10. Respirators shall be cleaned and disinfected after each day's use or more often if necessary.

11. Prior to donning, respirators will be inspected for worn or deteriorated parts. Emergency respirators or self-contained breathing apparatus will be inspected at least once a month, and before and after each use.

12. The employee will be familiar with all sections of the established respirator program and site safety plan.
B. OPERATIONS

1. All personnel going on-site must be adequately trained and thoroughly briefed on anticipated hazards, equipment to be worn, safety practices to be followed, emergency procedures, and communications.

2. Any required respiratory protective devices and clothing must be worn by all personnel going into areas designated for wearing protective equipment.

3. Personnel on-site must use the buddy system when wearing respiratory protective equipment. As a minimum, a third person, suitably equipped as a safety back-up, is required during extremely hazardous entries.

4. Visual contact must be maintained with entry and safety personnel. Entry team members should remain close together to assist each other during emergencies.

5. During continual operations, on-site workers will act as safety back-up to each other. Off-site personnel will provide emergency assistance.

6. Personnel must practice unfamiliar operations prior to undertaking the procedure of the Wadda Messa Site Safety Plan. Entrance and exit locations must be designated and emergency escape routes delineated. Warning signals for site excavation must be established.

7. Communications using radios, hand signals, or other means must be maintained between initial entry members at all times. Emergency communications should be prearranged in case of radio failure, necessity for evacuation of site, or other reasons.

8. Wind indicators visible to all personnel must be strategically located throughout the site.

9. The work area will be limited to the landfill itself.

10. Procedures for leaving a contaminated area must be planned and implemented prior to going on-site. Work areas and decontamination procedures must be established.

11. Frequent and regular inspections of site operations will be conducted to ensure compliance with the Site Safety Plan. If any changes in operation occur, the Site Safety Plan must be modified to reflect change.

12. Fire prevention and protection (appropriate signs for flammable liquids, smoking areas, storage areas of combustible or flammable materials, etc.) shall be in accordance with OSHA 29 CFR 1926.150 Subpart F.
I. SCOPE OF WORK FOR THE XYZ PAINT AND LACQUER COMPANY GENERAL CONTRACTOR: A BC REMEDIATION

A. PURPOSE OF WORK

ABC Remediation is to complete Phase III clean-up, removal, and disposal of stored chemicals; decontamination and removal of outside storage tanks; and decontamination of existing structures. Phase I and II (Preliminary Investigation and Site Characterization) are completed.

Remediation services are expected to begin in August of this year and are expected to be completed by January of next year.

B. PROPERTY HISTORY

The XYZ Paint and Lacquer Company was established in 1919 and used the buildings that formerly belonged to the Upper Great Lakes Grain and Flour Company. The plant formulated paints and lacquers that were used as metal and wood finishes. The plant consisted of a four-story wooden structure with an adjoining two-story concrete building. Three 4,000-gallon chemical storage tanks were placed on an exterior concrete pad to the West of the concrete building. Total site acreage is 4.5 acres.

In 1980, the wooden portions of the plant that contained the paint laboratory, shipping, purchasing, and inventory records were destroyed in a fire. The chemical storage and paint formulation area was not damaged by the fire because they were protected by a two-foot-thick concrete wall and roof. Following the fire, the plant was boarded up and closed. Vandals have broken into the concrete building and overturned drums that were stored there.

This factory is within 1/4 mile of the shoreline of one of the Great Lakes with soils that consist of sandy clay with lenses of coarse to medium sand. To the West of the site is a drainage ditch, an active railway right-of-way, and a steep bluff that is covered with second-growth forest. To the North and South of the site are abandoned factories and several active Superfund clean-up sites.
C. Current Property Status

The results of the Phase I and II investigations indicate that there are no underground storage tanks, no major releases to the soil, and no accidents other than the fire of 1980. Soil borings indicate no ground water contamination that originates from this site. Drums that are stored outside were emptied prior to stacking to provide a wind and snow break for the northern side of the plant.

Three 4,000-gallon storage tanks appear to be not leaking and have a concrete pad and dike enclosing the area. Tanks are approximately half full and show 100% LEL when tested near the vent.

Drums inside the building are severely rusted with numerous bulging tops. A faint aromatic fruity odor was noted during initial investigations.

The building has no power source or windows. A deteriorated loading dock is present on the east end of the building with the main access through the north door. A semi-solid yellow to amber-colored coating is on the floor that resulted when some drums were overturned. Talc and solid resin chips are scattered over the floor. Seven drums labeled "Nitrocellulose - Flammable Liquid" contain a white fibrous solid that appears to have dried out. Other drums that are stored here are rusted with several bulging tops noted. An LEL reading between 8 and 15% was obtained in the building area.

A chemical inventory, based on information supplied by the owner and from site investigation, includes the following:

**Inside Building**
- Nitrocellulose (7 drums, stored inside, dried out)
- Paint lacquer sludge (5 drums, solidified)
- Sulfuric acid (3 plastic drums)
- Toluene diisocyanate (2 drums, full)
- Talc (2 fiber drums, solidified)
- Paint Resins (3 fiber drums, broken)
- Uncharacterized (27 metal drums, some corroded)

**Outside Building**
- Isobutyl acetate (Exterior 4000 gal. storage tank)
- Methyl ethyl ketone (Exterior 4000 gal. storage tank)
- Methyl isobutyl ketone (Exterior 4000 gal. storage tank)
- Uncharacterized (186 drums, empty)
II. SITE-SPECIFIC SAFETY PLAN FOR XYZ PAINT AND LACQUER COMPANY REMEDIATION

A. GENERAL INFORMATION

PROJECT NAME: XYZ Paint and Lacquer Company
PROJECT NO.: 5280
LOCATION: Mile Long Road, Great Lakes Region
PLAN PREPARED BY: ABC Remediation
DATE: May, 1991
REVIEWED BY: Carol Rice, CIH DATE: May 2, 1991

OBJECTIVES:

Phase I and II site assessments have been completed. Commence Phase III operations at abandoned paint and lacquer factory. This work involves the clean-up, removal, and disposal of the remaining chemicals. The existing structure will also be decontaminated as part of this operation. Soil clean-up is unnecessary at this time.

SCOPE OF WORK:

1. Remove, package in approved DOT containers, and transport chemicals for proper disposal to landfill or incinerator.
2. Decontaminate existing structure.
3. Properly dispose of waste materials including wash solution.
4. Perform final survey of property to locate any contaminants.
XYZ Paint and Lacquer Exercise

SUMMARY OF OVERALL HAZARD:
Serious X Moderate _ Low Unknown

SPECIFIC HAZARDS PRESENT:
Explosion hazard; Poison by inhalation; Flammable Liquids; Usual construction site hazards

WORK LIMITATIONS (Time of day, heat, cold, etc.)
1. Normal daylight hours.
2. Suspend activity if it begins to-rain or lightning appears.

SITE DESCRIPTION:
The site is 4.5 acres located within 1/4 mile of Great Lake shoreline. Soil is sandy clay with lenses of coarse to medium sand. Three borings were performed. None of the borings showed soil contamination. The site consists of a two-story concrete structure with an adjoining concrete pad that has three 4000-gallon storage tanks on it.

Over 40 55-gallon drums are inside the two-story structure. No water or electricity is supplied to the site. Several active Superfund sites are located nearby.
B. SITE AND WASTE CHARACTERISTICS

FACILITY DESCRIPTION:

Site was former paint and lacquer factory. A four-story wooden building was destroyed in a fire in 1980. The remaining two-story concrete structure which housed the paint formulation and chemical storage area was abandoned shortly after the fire. Vandals broke in and overturned drums within the building.

HISTORY: Fire in 1980. No other known history or complaints.

STATUS: Inactive

UNUSUAL SITE FEATURES:
Drainage creek and active railway right-of-way west of site. Beach front located 1/4 mile east of site. Abandoned metal plating factory south of site. Superfund site 1/2 mile north involved in lakefront clean-up. Residential area located west of the site on top of the bluff.

BIOLOGICAL INDICATORS: No staining or distressed vegetation was noted.

DISPERSION PATHWAYS: Air, ground water, tracked on vehicles.

WIND DIRECTION: Generally from the east, off the lake.

DRAINAGE: Sandy soils sloping towards the lakefront.

ANTICIPATED CONTAMINANTS:
Nitrocellulose, Paint lacquer sludges, Sulfuric acid, Talc, Paint Resin, Toluene diisocyanate (TOI), Isobutyl acetate, Methyl ethyl ketone (MEK), Methyl isobutyl ketone (MIBK).

WASTE TYPE (S):
Liquid X Solid X Sludge X Gas X

CHARACTERISTICS:
Corrosive X Ignitable X Radioactive Volatile X
Toxic X Reactive X Unknown X

PRINCIPAL DISPOSAL METHOD:
Transportation packaging to comply with D.O.T. Performance and Packaging Standards (49 CFR 107).

Disposal in an EPA-approved landfill or incinerator. Check with facility for additional packaging or quantity restrictions.
C. HAZARD EVALUATION

Consideration in developing site safety plans is given to the potential hazard of the known chemicals, evaluating the toxicity, ignitability, reactivity, corrosiveness, physical state, and the quantity of the raw or waste materials that were expected to be generated, stored, or disposed of on-site.

EXPLOSIVE GASES:
Whenever possible, airborne contaminants will be kept below TLV/PEL levels in the breathing zone through supplied ventilation, thereby controlling against an explosion hazard.

PHYSICAL HAZARDS:
(Note land features, vehicle movement, fire, explosion, liquid pools, uneven terrain, slippery conditions, electrical, welding, etc. that may create hazards.)

NOISE:
Equipment operators and all employees working around the forklift will wear hearing protection with a minimum NR rating of 25 dB.
D. ON-SITE CONTROL

Control boundaries are identified on the attached site map. The map shows the areas of the site to be secured and identifies the perimeters. Safe perimeter has been established and is shown on the map. No unauthorized person should be in this area.

Specific Site Entry Procedures: a site safety briefing will be held and the field engineer will answer any questions, make sure everyone understands the plan, and have everyone sign the Employee Waiver. Decontaminate all equipment prior to arrival and departure, wearing an appropriate level of protection for the task.

The safety consultant will walk over work locations with the HNu to survey and document background. Document that above-ground clearance has been made, indicated by marked work locations. Advise field crew of telephone locations. Proceed to work locations.
Overhead Site Map of the XYZ Paint and Lacquer Company
Detail Site Map of the XYZ Paint and Lacquer Company
E. REQUIRED PERSONAL PROTECTIVE EQUIPMENT

The following protective clothing materials are required for the specific task with the anticipated substances. No changes to the specified levels of protection shall be made without the approval of the Site Safety Consultant.

JOB TASK: Forklift Helper

CHEMICAL TYPE: Toluene Diisocyanate and Methyl Ethyl Keytone
(See the MSDSs at the end of this section.)
XYZ Paint and Lacquer Exercise

F. DECONTAMINATION PROCEDURES

Personal Hygiene: No smoking, drinking, chewing, or eating while working on the job site.

Wash hands and face at breaks; before eating, applying cosmetics, or lip balm; and prior to leaving site.

Retain wash water in drum. Soil samples, if shown to possess contaminants upon laboratory analysis, will be returned to the site. All contaminated cuttings or soil should be placed on plastic sheeting or into the appropriate open-headed 55-gallon drums for subsequent disposal. PPE that is disposable should be placed in covered drums on site.

Levels A, B, and C PPE are available.

EMERGENCY DECONTAMINATION PROCEDURES:
Remove all clothing in order:
1. Sound alarm.
2. Outer boots, garment, and outer gloves;
3. Inner gloves, and goggles;
4. Respirator;
5. Irrigate affected areas.
6. Seek medical attention immediately.
G. EMERGENCY PROCEDURES

The following standard emergency procedures will be used by on-site personnel. The Safety Consultant shall be notified of any on-site emergencies and be responsible for ensuring that the appropriate procedures are followed.

Personnel Injury in the Exclusion Zone:
Upon an injury in the Exclusion Zone, if possible prior to movement, contact an ambulance and then the designated medical facility. Notify designated emergency contacts as soon as possible. No persons shall reenter the Exclusion Zone until the cause of the injury or symptoms is determined.

Fire/Explosion:
The fire department shall be alerted and all personnel moved to a safe distance from the involved area.

Personnel Protective Equipment Failure:
If any site worker experiences a failure or alteration of protective equipment that affects the protection factor, that person and his/her buddy shall immediately leave the Zone and complete decontamination. The Safety Consultant will be notified immediately to determine follow-up actions. Reentry shall not be permitted until the equipment has been repaired or replaced.

Other Equipment Failure:
If any other equipment on site fails to operate properly, the Site Safely Consultant shall be notified to determine the effects of this failure on continuing operations on site. If the failure affects the safety of personnel or prevents completion of the assigned tasks, all personnel shall leave the Zone until the situation is evaluated and appropriate actions taken.
XYZ Paint and Lacquer Exercise

H. EMERGENCY CONTACTS

In the event of an emergency, the following will be notified:

Name: E.J. Farquardt
Telephone No.: 942-8623

EMERGENCY TELEPHONE NUMBERS ARE TO BE VERIFIED PRIOR TO ANY SITE ACTIVITIES

<table>
<thead>
<tr>
<th>Service</th>
<th>Address</th>
<th>Phone No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulance</td>
<td>Metro Meat Wagon</td>
<td>942-8641</td>
</tr>
<tr>
<td>Hospital Emergency Room</td>
<td>Sisters of Mercy</td>
<td>944-3284</td>
</tr>
<tr>
<td>Poison Control Center</td>
<td>Upper Great Lakes</td>
<td>944-3568</td>
</tr>
<tr>
<td></td>
<td>Poison Control Center</td>
<td></td>
</tr>
<tr>
<td>Police</td>
<td>Sheboygan Metro Police</td>
<td>944-9871</td>
</tr>
<tr>
<td>Fire Department</td>
<td>Metro Fire Station #3</td>
<td>943-5174</td>
</tr>
<tr>
<td>Airport</td>
<td>Sheboygan Memorial Field</td>
<td>948-5168</td>
</tr>
<tr>
<td>Explosives Unit</td>
<td>Metro Police</td>
<td>944-9871</td>
</tr>
<tr>
<td>Safety Consultant</td>
<td>C.H.A.S.E.</td>
<td>642-4273</td>
</tr>
</tbody>
</table>
I. EMPLOYEE WAIVER

I have received the health and safety plan for the work site. I have read this plan, had the opportunity to ask questions. I understand the information in this plan and had 3 days on-site training. I have participated in education and training programs in compliance with Federal OSHA 29 CFR 1910.120(e) 40 hours initial instruction and 8 hours of refresher training and am currently participating in the medical surveillance program as outlined in the Health and Safety Manual.
XVZ Paint and Lacquer Exercise

III. MEDICAL SURVEILLANCE PROGRAM

Personnel Included in Program

1. All new employees prior to beginning work at the XYZ Paint and Lacquer site will complete a pre-employment physical, which shall at a minimum include: a chest x-ray, pulmonary function test, blood lead test, and urinalysis. In addition to the pre-employment physical, the potential employee shall complete a detailed occupational and medical history questionnaire. The examining physician shall determine any limitations for respiratory and other personal protective equipment and certify these results to the employer. A copy of this respiratory fitness letter shall be placed in the employee's personnel file.

2. Employees who, in an emergency situation, have been exposed above the OSHA-PEL to any or all of the hazardous substances listed below will have additional exams.

   2a) An emergency is an unplanned or unexpected release of any of the toxic substances listed in the facility description to which a worker may be exposed, without regard to respiratory protection.
IV. ON-SITE ORGANIZATION AND COORDINATION

The following personnel roles are needed on the site. A person may be designated to perform more than one function.

PROJECT MANAGER:

Primarily responsible for the fulfillment of the terms of the contract. Oversees operations and ensures that all legal and safety requirements are met. Keeps the project on schedule and within budgetary guidelines. Hires and directs all contractor personnel. Provides daily progress reports to the client on the achievement of phase goals.

SITE SUPERVISOR:

Functions as on-site coordinator. Oversees all operations for the Project Manager. Reports in a regular and comprehensive manner to the project manager. Implements the site perimeter and maintains site security. Supervises laborers, technicians, and equipment operators. Ensures all health and safety procedures are followed, especially those concerning personal protective equipment, decontamination, and mechanical operations.

FIELD TEAM LEADER:

Supervises field laborers, technicians, and equipment operators at the direction of the on-site supervisor. Carries out the instructions of the Site Supervisor.

LABORER:

Performs tasks as assigned by the Field Team Leader and Site Supervisor. Includes drum-handling, assisting equipment operators and technicians.

EQUIPMENT OPERATORS: Operate and maintain forklift as directed by the Field Team Leader and Site Supervisor.

TECHNICIAN: Undertakes duties as assigned to monitor activities of Laborers and Equipment Operators, collect and analyze samples, facilitate completion of work requirements.
V STANDARD OPERATING PROCEDURES

A. PERSONAL PRECAUTIONS

1. Eating, drinking, chewing gum or tobacco, smoking, or any practice that involves hand-to-mouth transfer of material is prohibited in any area designated contaminated.

2. Hands and face must be thoroughly washed upon leaving the work area.

3. Whenever decontamination procedures for outer garments are in effect, the entire body should be thoroughly washed as soon as possible after the protective garment is removed.

4. No facial hair which interferes with a satisfactory fit of the mask-to-face-seal is allowed on personnel required to wear respirators.

5. Contact with contaminated or suspected contaminated surfaces will be avoided. Whenever possible, do not walk through puddles, leachate, discolored surfaces, kneel on ground, lean, sit, or place equipment on drums, containers, or the ground.

6. Medicine and alcohol can worsen the effects from exposure to toxic chemicals. Prescribed drugs should not be taken by personnel at hazardous waste operations where the potential for absorption, inhalation, or ingestion of toxic substances exists unless specifically approved by a qualified physician. Alcoholic beverage intake is prohibited.

7. All personnel must adhere to the information contained in the Site Safety Plan.

8. Contact lenses cannot be worn when respirator protection is required or when the hazard of a splash exists.

9. Personnel will be made aware of symptoms for toxic chemicals on site and for heat and cold stress.

10. Respirators shall be cleaned and disinfected after each day's use or more often if necessary.

11. Prior to donning, respirators will be inspected for worn or deteriorated parts. Emergency respirators or self-contained breathing apparatus will be inspected at least once a month, and before and after each use.

12. The employee will be familiar with all sections of the established respirator program and site safety plan.
XYZ Paint and Lacquer Exercise

B. OPERATIONS

1. All personnel going on-site must be adequately trained and thoroughly briefed on anticipated hazards, equipment to be worn, safety practices to be followed, emergency procedures, and communications.

2. Any required respiratory protective devices and clothing must be worn by all personnel going into areas designated for wearing protective equipment.

3. Personnel on-site must use the buddy system when wearing respiratory protective equipment. As a minimum, a third person, suitably equipped as a safety back-up, is required during extremely hazardous entries.

4. Visual contact must be maintained with entry and safety personnel. Entry team members should remain close together to assist each other during emergencies.

5. During continual operations, on-site workers will act as safety back-up to each other. Off-site personnel will provide emergency assistance.

6. Personnel must practice unfamiliar operations prior to undertaking the procedure of the XYZ Paint and Lacquer Company Site Safety Plan. Entrance and exit locations must be designated and emergency escape routes delineated. Warning signals for site excavation must be established.

7. Communications using radios, hand signals, or other means must be maintained between initial entry members at all times. Emergency communications should be prearranged in case of radio failure, necessity for evacuation of site, or other reasons.

8. Wind indicators visible to all personnel must be strategically located throughout the site.

9. The work area will be limited to the two-story structure and the concrete slab.

10. Procedures for leaving a contaminated area must be planned and implemented prior to going on-site. Work areas and decontamination procedures must be established.

11. Frequent and regular inspections of site operations will be conducted to ensure compliance with the Site Safety Plan. If any changes in operation occur, the Site Safety Plan must be modified to reflect change.

12. Fire prevention and protection (appropriate signs for flammable liquids, smoking areas, storage areas of combustible or flammable materials, etc.) shall be in accordance with OSHA 29 CFR 1926.150 Subpart F.
I. SCOPE OF WORK FOR THE XYZ PAINT COMPANY BUILDING 2 GENERAL
CONTRACTOR: CLEANUP USA

A. PURPOSE OF WORK
Cleanup USA is to complete Phase III clean-up, removal, and disposal of stored chemicals; decontamination and removal of interior storage tanks; and decontamination of the existing structure. Phase I and II (Preliminary Investigation and Site Characterization) are completed.

Remediation services are expected to begin in August of this year and are expected to be completed by January of next year.

B. PROPERTY HISTORY
The XYZ Paint and Lacquer Company was established in 1919 and used the buildings that formerly belonged to the Upper Great Lakes Grain and Flour Company. The plant formulated paints and lacquers that were used as metal and wood finishes. The plant consisted of a four-story wooden structure with an adjoining two-story concrete building. Recently a two-story frame building with metal walls was included as part of the site in an agreement with EPA. Three 4,000-gallon chemical storage tanks were placed on an exterior concrete pad to the West of the Building 1. Total site acreage is 4.5 acres.

Two years ago the wooden portions of the plant that contained the paint laboratory, shipping, purchasing, and inventory records were destroyed in a fire. The chemical storage and paint formulation area of Building 1 was not damaged by the fire because they were protected by a two-foot-thick concrete wall and roof. Building 2 was not impacted by the fire due to its distance from Building 1. Following the fire, the entire plant was boarded up and closed. Vandals have broken into the concrete building and overturned drums that were stored there.

This factory is within 1/4 mile of the shoreline of one of the Great Lakes with soils that consist of sandy clay with lenses of coarse to medium sand. To the West of the site is a drainage ditch, an active railway right-of-way, and a steep bluff that is covered with second-growth forest. To the North and South of the site are abandoned factories and several active Superfund clean-up sites.
C. CURRENT PROPERTY STATUS

The results of the Phase I and II investigations at Building 2 indicate that there are no underground storage tanks, no major releases to the soil, and no accidents other than the fire two years ago. Soil borings indicate no ground water contamination that originates from this site.

Three 4,000-gallon storage tanks appear to be not leaking and have a concrete pad and dike enclosing the area. Tanks are approximately half full and show 100% LEL when tested near the vent.

Drums are stored inside Building 2 on the 2nd floor. These drums are severely rusted. There are three 500 gallon open top tanks within Building 2. These tanks contain Paint Lacquer Sludge which has hazardous constituent, lead chromate. These tanks are half full. The building has no power source or windows. A deteriorated loading dock is present on the east end of the building with the main access through the north door. A semi-solid yellow to amber-colored coating is on the floor that resulted when some drums were overturned. Talc and solid resin chips are scattered over the floor. Seven drums labeled "Nitrocellulose - Flammable Liquid" contain a white fibrous solid that appears to have dried out. An LEL reading between 8 and 15% was obtained in the building area.

A chemical inventory, based on information from the site investigation, includes the following:

<table>
<thead>
<tr>
<th>Inside Building 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nitrocellulose  (47 drums, stored inside, dried out)</td>
</tr>
<tr>
<td>Paint lacquer sludge (3 tanks - 500 gal. each)</td>
</tr>
<tr>
<td>Hexamethylene disocyanate (200 drums, full)</td>
</tr>
<tr>
<td>Talc (20 fiber drums, solid)</td>
</tr>
<tr>
<td>Methyl Ethyl Ketone (MEK) (50 drums)</td>
</tr>
</tbody>
</table>

Waste profile sheets are available in the general contractors office.
II. SITE-SPECIFIC SAFETY PLAN FOR XYZ PAINT COMPANY REMEDIATION BUILDING 2

A. GENERAL INFORMATION

PROJECT NAME: XYZ Paint Company Building 2
PROJECT NO.: 5290
LOCATION: Mile Long Road, Great Lakes Region
PLAN PREPARED BY: Cleanup USA
DATE: September, 1995
REVIEWED BY: Carol Rice, CIH DATE: September 15, 1995

OBJECTIVES:

Phase I and II site assessments have been completed. Commence Phase III operations at abandoned paint factory Building 2. This work involves the clean-up, removal, and disposal of the remaining chemicals. The existing structure will also be decontaminated as part of this operation. Soil clean-up is unnecessary at this time.

SCOPE OF WORK:

1. Remove, package in approved DOT containers, and transport chemicals for proper disposal to landfill or incinerator.
2. Decontaminate existing structure.
3. Properly dispose of waste materials including wash solution.
4. Perform final survey of property to locate any contaminants.
SUMMARY OF OVERALL HAZARD:
Serious X Moderate _ Low Unknown

SPECIFIC HAZARDS PRESENT:
Poison by inhalation; Sensitization; Flammable Liquids; Usual construction site hazards

WORK LIMITATIONS (Time of day, heat, cold, etc.)
1. Normal daylight hours.
2. Suspend activity if it begins to rain or lightning appears.
3. Winter work required to complete job on time.

SITE DESCRIPTION:
The site is 4.5 acres located within 1/4 mile of Great Lake shoreline. Soil is sandy clay with lenses of coarse to medium sand. Three borings were performed. None of the borings showed soil contamination. The site consists of a previously remediated two-story concrete structure with an adjoining concrete pad that has three 4000-gallon storage tanks on it (Building 1).

A two-story steel frame building (Building 2) is now to be remediated. Over 1000 55-gallon drums and three open-top 500-gallon tanks are inside this two-story structure. No water or electricity is supplied to the site. Several active Superfund sites are located nearby.
B. SITE AND WASTE CHARACTERISTICS

FACILITY DESCRIPTION: Site was formerly a paint and lacquer factory. A four-story wooden building was destroyed in a fire two years ago, at which time production ceased. Building 1 which housed the paint formulation and chemical has been remediated. The contents of Building 2, a storage facility, have been characterized and remediation as necessary. The remaining two-story concrete structure which housed the paint formulation and chemical storage area was abandoned shortly after the fire. Vandals broke in and overturned drums within Building 2. An old elevator shaft remains in the building, without fall protection bars.

HISTORY: No other history.

STATUS: Inactive

UNUSUAL SITE FEATURES: Drainage creek and active railway right-of-way west of site. Beach front located 1/4 mile east of site. Abandoned metal plating factory south of site. Superfund site 1/2 mile north involved in lakefront clean-up. Residential area located west of the site on top of the bluff.

BIOLOGICAL INDICATORS: No staining or distressed vegetation was noted.

DISPER SION PATHWAYS: Air, ground water, tracked on vehicles.

WIND DIRECTION: Generally from the east, off the lake.

DRAINAGE: Sandy soils sloping towards the lakefront.

ANTICIPATED CONTAMINANTS: Nitrocellulose, Paint lacquer sludges, Methyl ethyl ketone (MEK), Talc, Hexamethylene diisocyanate (HDI)

WASTE TYPE (S): Liquid X Solid X Sludge X Vapor X

CHARACTERISTICS: Corrosive X Ignitable X Radioactive Volatile X Toxic X Reactive X Unknown

PRINCIPAL DISPOSAL METHOD: Transportation packaging to comply with D.O.T. Performance and Packaging Standards (49 CFR 107).

Disposal in an EPA-approved landfill or incinerator. Check with facility for additional packaging or quantity restrictions.
C. HAZARD EVALUATION

Consideration in developing site safety plans is given to the potential hazard of the known chemicals, evaluating the toxicity, ignitability, reactivity, corrosiveness, physical state, and the quantity of the raw or waste materials that were expected to be generated, stored, or disposed of on-site.

EXPLOSIVE GASES:
Whenever possible, airborne contaminants will be kept below TLV/PEL levels in the breathing zone through supplied ventilation, thereby controlling against an explosion hazard.

PHYSICAL HAZARDS:
Note land features, vehicle movement, fire, explosion, liquid pools, uneven terrain, slippery conditions, electrical, welding, etc. that may create hazards. In order to complete the work on schedule, active remediation will be conducted during November, December, and January - traditionally very cold months in the Great Lakes area.

NOISE:
Equipment operators and all employees working around the forklift will wear hearing protection with a minimum NR rating of 25 dB.

DUSTS: Where vandals have tipped over drums, dry residues are present on the flooring. Cardboard drums of talc are segregated to one corner.
D. ON-SITE CONTROL

Control boundaries are identified on the attached site map. The map shows the areas of the site to be secured and identifies the perimeters. A safe perimeter has been established and is shown on the map. No unauthorized person should be in this area.

Specific Site Entry Procedures: a site safety briefing will be held and the field engineer will answer any questions, make sure everyone understands the plan, and have everyone sign the Employee Waiver. Decontaminate all equipment prior to departure, wearing an appropriate level of protection for the task. The safety consultant will walk over work locations with the HNu to survey and document background. Document that above-ground clearance has been made, indicated by marked work locations. Advise field crew of telephone locations. Proceed to work locations.
XYZ Bldg 2 Paint and Lacquer

Overhead Site Map of the XYZ Paint and Lacquer Company
Detailed Site Map of XYZ Paint and Lacquer
E. REQUIRED PERSONAL PROTECTIVE EQUIPMENT

The following protective clothing materials are required for the specific task with the anticipated substances. No changes to the specified levels of protection shall be made without the approval of the Site Safety Consultant.

EXAMPLE:

JOB TASK: Forklift Helper
CHEMICAL TYPE: Hexamethylene Diisocyanate and Methyl Ethyl Keytone
(See the MSDSs at the end of this section.)
F. DECONTAMINATION PROCEDURES

Personal Hygiene: No smoking, drinking, chewing, or eating while working on the job site.

Wash hands and face at breaks; before eating, applying cosmetics, or lip balm; and prior to leaving site.

Retain wash water in drum. Soil samples, if shown to possess contaminants upon laboratory analysis, will be returned to the site. All contaminated cuttings or soil should be placed on plastic sheeting or into the appropriate open-headed 55-gallon drums for subsequent disposal. PPE that is disposable should be placed in covered drums on site.

Levels A, B, and C PPE are available.

EMERGENCY DECONTAMINATION PROCEDURES:
Remove all clothing in order:
1. Sound alarm.
2. Outer boots, garment, and outer gloves;
3. Inner gloves, and goggles;
4. Respirator;
5. Irrigate affected areas.
6. Seek medical attention immediately.
G. EMERGENCY PROCEDURES

The following standard emergency procedures will be used by on-site personnel. The Safety Consultant shall be notified of any on-site emergencies and be responsible for ensuring that the appropriate procedures are followed.

Personnel Injury in the Exclusion Zone:
Upon an injury in the Exclusion Zone, if possible prior to movement, contact an ambulance and then the designated medical facility. Notify designated emergency contacts as soon as possible. No persons shall reenter the Exclusion Zone until the cause of the injury or symptoms is determined.

Fire/Explosion: The fire department shall be alerted and all personnel moved to a safe distance from the involved area.

Personnel Protective Equipment Failure: If any site worker experiences a failure or alteration of protective equipment that affects the protection factor, that person and his/her buddy shall immediately leave the Zone and complete decontamination. The Safety Consultant will be notified immediately to determine follow-up actions. Reentry shall not be permitted until the equipment has been repaired or replaced.

Other Equipment Failure: If any other equipment on site fails to operate properly, the Site Safety Consultant shall be notified to determine the effects of this failure on continuing operations on site. If the failure affects the safety of personnel or prevents completion of the assigned tasks, all personnel shall leave the Zone until the situation is evaluated and appropriate actions taken.

Heat and Cold: Because the job will be conducted across several seasons both heat and cold stress hazards may occur.

Heat and Cold

Temperature extremes put extra physical stress on the body. Long periods of exposure to heat may cause illness, particularly if an employee is not accustomed to working in hot areas. Also, heat builds up inside protective clothing, so there is a risk of heat stress even if outside temperatures are moderate. Cold stress is less common but may occur if work is required outdoors or in unheated buildings in winter months.
Signs and Symptoms of Heat Stress

Heat Cramps

Symptoms: painful muscle spasms

Cause: profuse sweating and drinking large amounts of water

Treatment: Provide liquids with electrolytes (sodium, potassium) like diluted Gatorade™.

Heat Exhaustion

Symptoms: weakness; fatigue; dizziness; pale, cool, moist skin; heavy sweating; headache; nausea; and fainting

Cause: reduced blood volume resulting from dehydration from profuse sweating and insufficient replacement of water and salts.

Treatment: If worker is conscious, rest in cool place. Replace water and electrolytes lost in sweat. If worker is unconscious, get medical help immediately. DO NOT give liquids if person is unconscious.

Heat Stroke

Symptoms: very dry, hot skin with red mottled or bluish appearance; confusion; convulsions; unconsciousness; rapidly rising temperature

Cause: body becomes overheated because the worker does not sweat. Can be fatal.

Treatment: Call for medical help immediately. Move person to cool place. Remove PPE. Use wet towels or water and fan to cool while waiting for help.

Heat stroke is a life-threatening emergency. Medical attention is required.
Cold may also be a hazard. If the body is overexposed to cold, the following problems could occur:

**Frostbite**

Symptoms: numbness of hands, feet, or face  
Cause: prolonged exposure to cold environments  
Treatment: Frostbitten tissue should be gently warmed and not exposed to further cold.

**Hypothermia**

Symptoms: lowered body temperature, shivering, or drowsiness. If body temperature is reduced to 80°F (or below), unconsciousness is often followed by death.  
Cause: wet, cold, exhaustion; body's response to minimize heat loss becomes ineffective when body temperature goes below 86°F.  
Treatment: Warm the body. Get medical assistance.

Specific training is required to deal with these emergencies. The potential for these stresses at your facility should be recognized in advance, and appropriate
H. EMERGENCY CONTACTS

In the event of an emergency, the following will be notified:

Name E. J. Farquardt
Telephone No. 942-8623

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I. EMPLOYEE WAIVER

I have received the health and safety plan for the work site. I have read this plan, had the opportunity to ask questions. I understand the information in this plan and had 3 days on-site training. I have participated in education and training programs in compliance with Federal OSHA 29 CFR 1910.120(e) 40 hours initial instruction and 8 hours of refresher training and am currently participating in the medical surveillance program as outlined in the Health and Safety Manual.

Name (please print)                Signature                Date
III. MEDICAL SUR VEILLANCE PROGRAM

Personnel Included in Program

1. All new employees prior to beginning work at the XYZ Paint and Lacquer Building will complete a pre-employment physical, which shall at a minimum include: a chest x-ray, pulmonary function test, blood lead test, and urinalysis. In addition to the pre-employment physical, the potential employee shall complete a detailed occupational and medical history questionnaire. The examining physician shall determine any limitations for respiratory and other personal protective equipment and certify these results to the employer. A copy of this respiratory fitness letter shall be placed in the employee’s personnel file.

2. Employees who, in an emergency situation, have been exposed above the OSHA-PEL to any or all of the hazardous substances listed below will have additional exams.

   2a) An emergency is an unplanned or unexpected release of any of the toxic substances listed in the facility description to which a worker may be exposed, without regard to respiratory protection.
IV. ON-SITE ORGANIZATION AND COORDINATION

The following personnel roles are needed on the site. A person may be designated to perform more than one function.

PROJECT MANAGER:
Primarily responsible for the fulfillment of the terms of the contract. Oversees operations and ensures that all legal and safety requirements are met. Keeps the project on schedule and within budgetary guidelines. Hires and directs all contractor personnel. Provides daily progress reports to the client on the achievement of phase goals.

SITE SUPERVISOR:
Functions as on-site coordinator. Oversees all operations for the Project Manager. Reports in a regular and comprehensive manner to the project manager. Implements the site perimeter and maintains site security. Supervises laborers, technicians, and equipment operators. Ensures all health and safety procedures are followed, especially those concerning personal protective equipment, decontamination, and mechanical operations.

FIELD TEAM LEADER:
Supervises field laborers, technicians, and equipment operators at the direction of the on-site supervisor. Carries out the instructions of the Site Supervisor.

LABOR ER:
Performs tasks as assigned by the Field Team Leader and Site Supervisor. Includes drum-handling, assisting equipment operators and technicians.

EQUIPMENT OPERATORS:
Operate and maintain forklift as directed by the Field Team Leader and Site Supervisor.

TECHNICIAN:
Undertakes duties as assigned to monitor activities of Laborers and Equipment Operators, collect and analyze samples, facilitate completion of work requirements.
V STANDARD OPERATING PROCEDURES

A. PERSONAL PRECAUTIONS

1. Eating, drinking, chewing gum or tobacco, smoking, or any practice that involves hand-to-mouth transfer of material is prohibited in any area designated contaminated.

2. Hands and face must be thoroughly washed upon leaving the work area.

3. Whenever decontamination procedures for outer garments are in effect, the entire body should be thoroughly washed as soon as possible after the protective garment is removed.

4. No facial hair which interferes with a satisfactory fit of the mask-to-face-seal is allowed on personnel required to wear respirators.

5. Contact with contaminated or suspected contaminated surfaces will be avoided. Whenever possible, do not walk through puddles, leachate, discolored surfaces, kneel on ground, lean, sit, or place equipment on drums, containers, or the ground.

6. Medicine and alcohol can worsen the effects from exposure to toxic chemicals. Prescribed drugs should not be taken by personnel at hazardous waste operations where the potential for absorption, inhalation, or ingestion of toxic substances exists unless specifically approved by a qualified physician. Alcoholic beverage intake is prohibited.

7. All personnel must adhere to the information contained in the Site Safety Plan.

8. Contact lenses cannot be worn when respirator protection is required or when the hazard of a splash exists.

9. Personnel will be made aware of symptoms for toxic chemicals on site and for heat and cold stress.

10. Respirators shall be cleaned and disinfected after each day's use or more often if necessary.

11. Prior to donning, respirators will be inspected for worn or deteriorated parts. Emergency respirators or self-contained breathing apparatus will be inspected at least once a month, and before and after each use.

12. The employee will be familiar with all sections of the established respirator program and site safety plan.
XYZ Bldg 2 Paint and Lacquer

B. OPERATIONS

1. All personnel going on-site must be adequately trained and thoroughly briefed on anticipated hazards, equipment to be worn, safety practices to be followed, emergency procedures, and communications.

2. Any required respiratory protective devices and clothing must be worn by all personnel going into areas designated for wearing protective equipment.

3. Personnel on-site must use the buddy system when wearing respiratory protective equipment. As a minimum, a third person, suitably equipped as a safety back-up, is required during extremely hazardous entries.

4. Visual contact must be maintained with entry and safety personnel. Entry team members should remain close together to assist each other during emergencies.

5. During continual operations, on-site workers will act as safety back-up to each other. Off-site personnel will provide emergency assistance.

6. Personnel must practice unfamiliar operations prior to undertaking the procedure of the XYZ Paint and Lacquer Company Site Safety Plan. Entrance and exit locations must be designated and emergency escape routes delineated. Warning signals for site excavation must be established.

7. Communications using radios, hand signals, or other means must be maintained between initial entry members at all times. Emergency communications should be prearranged in case of radio failure, necessity for evacuation of site, or other reasons.

8. Wind indicators visible to all personnel must be strategically located throughout the site.

9. The work area will be limited to the two-story structure and the concrete slab.

10. Procedures for leaving a contaminated area must be planned and implemented prior to going on-site. Work areas and decontamination procedures must be established.

11. Frequent and regular inspections of site operations will be conducted to ensure compliance with the Site Safety Plan. If any changes in operation occur, the Site Safety Plan must be modified to reflect change.

12. Fire prevention and protection (appropriate signs for flammable liquids, smoking areas, storage areas of combustible or flammable materials, etc.) shall be in accordance with OSHA 29 CFR 1926.150 Subpart F.
I. SCOPe OF WORK For the Longgone LAndfiLL

A. PURPOSE of WORK

A peculiar taste in the residential wells adjacent to the landfill and complaints of a strange odor during some Little League baseball games has led the county to hire Pogo Monitoring. Pogo Monitoring is to complete a preliminary investigation, Phase I, for potential emissions. Monitoring will include the installation of monitoring wells on the East and West sides of the site, and air monitoring will be conducted on and off-site.

B. Property History

Longgone Landfill was owned and operated by Longgone Dumpers from 1950 to 1980. During this period, the landfill received wastes from the local industries. From 1971 to 1980, Longgone had a contract with the city to haul city trash. The landfill also accepted commercial trash during this period; however, no records were kept. In general, it appears that dumping was done without regard to type of waste. The current status of the site is officially inactive, partially covered, and poorly secured.

C. Current Property Status

The landfill is adjacent to a marsh and has a high water table. Portions of the filled area may flood seasonally. The overflow from the flooded landfill will follow the swale to the marsh.

Hazards which are known to be present in the ground water include toluene, benzene, perchloroethylene, and arsenic. Drums containing sulfuric acid and PCB-contaminated oil are known to be on site.

Also adjacent to the landfill are two wells, the Jones' well and the Smiths' well, and a baseball playing field. Across the street from the landfill is an elementary school and other commercial and residential properties. The attached map shows the locations of the apparent disposal site and its proximity to the neighboring businesses and residents of Bontassie.

Additional information of interest is that in 1989 toxic fumes from a fire in the landfill reportedly killed birds in the area. The suspected cause of the fire was a group of campers.
Longgone Landfill Exercise

II. Site-Specific Safety Plan for Longgone Landfill

A. General Information

Project Name: Longgone Landfill
Project #: 5406
Location: Maxwell Drive, Bontassie, FL
Date: 8/04/92

Objectives
- Perform a preliminary site investigation by:
  - boring and sampling soil.
  - installation of monitoring wells.
  - sampling ground water.
  - sampling water from local drinking wells.
  - monitoring air on and off site.

Summary of Overall Hazard:
Serious Moderate Low Unknown X

Specific Hazards Present:
Possible free liquids and poison by inhalation.

Work Limitations:
1. Normal; Daylight Hours
2. Air monitoring and drilling will cease during rain.
3. Well monitoring will cease only in case of lightning.

Site Description:
The Longgone Landfill is directly South of Bontassie, Florida. The Landfill is bordered on the West by a marsh, the East by State Highway 53, and the North and South by residences. The residences to the immediate North and South of the landfill have drinking wells on the property. There have been complaints that the drinking water from the well to the North of the site has tasted and smelled peculiar. There have also been complaints of a strange smell during Little League baseball games. The fence that once surrounded the landfill is overgrown with Kudzu and has almost completely decomposed. In 1989 smoke from a fire in the landfill reportedly killed birds in the area. It is unknown whether the fire was caused by spontaneous reactions within the site or careless campers. There are several foot paths through the site that emanate from the Little League baseball field.

The Longgone Landfill operated from 1950 to 1980. No disposal records were kept, but it is rumored that sulfuric acid and perchloroethylene were dumped in the landfill for the majority of the time that it was operating. The site has an annual rainfall of 56 inches. During the spring rains, portions of the marsh and the landfill are below water.
B. Site and Waste Characteristics

FACILITY DESCRIPTION:
The major feature of the site is its proximity to Bontassie, playgrounds, and local drinking wells. The secondary feature of the site is that the fence enclosing it is dilapidated and the site is subsequently being used as a shortcut between the BMX track and the Little League baseball field.

PRINCIPAL DISPOSAL METHOD: Buried drums.

UNUSUAL FEATURES: Down-gradient to Pogo Marsh and Pogo Lake.

STATUS: Inactive

HISTORY: Fire and public complaints of odor.

BIOLOGICAL INDICATORS: Patchy defoliation. Site is fenced, but the fence is in an advanced state of decay. The access road to the site is being used as a footpath.

PATHWAYS FOR DISPERSION OF HAZARDOUS MATERIALS: Ground water, air, transported on site equipment.

WIND DIRECTION: Primarily from the Southwest.

DRAINAGE: No system ever recorded.

CONTAMINANTS EXPECTED: Sulfuric acid, PCB-contaminated oil, Toluene, Benzene, Arsenic, or Perchloroethylene.

WASTE TYPE(S):
Liquid _X_  Solid    Sludge    Gas ___

CHARACTERISTIC(S):
Corrosive _X_  Ignitable _X_  Radioactive    Volatile _X_
Toxic _X_  Reactive    Unknown    Other
C. Hazard Evaluation

EXPLOSIVE GASES:
Types: Suspected volatile organics: Perchloroethylene
LEL Action Level: 10% LEL on combustible gas meter
Required Action: Stop work, retreat and vent.
Re-evaluate for flammability.
Resume work when LEL is less than 10%.
Monitor continuously.

Airborne contaminants will be kept below TVUPEL levels in the breathing zone, thereby also controlling against an explosion hazard.

Physical hazards include the normal slip, trip, and fall hazards present at any site.

Entry Objectives:
The Objectives of the initial entry to the contaminated area are to:

- perform a preliminary site investigation.
- perform soil boring and sampling: monitor well installation and sampling.
- ground water sampling.

Viskosill Environmental has been chosen as the contractor to carry out these objectives. Viskosill Environmental can expect to encounter the typical weather conditions that will prevail during the proposed dates of investigation (August through November). The prevailing wind direction during this time is from the Southwest.
D. ON-SITE CONTROL

Control boundaries are identified on the attached site map. The map shows the areas of the site to be secured and identifies the perimeters. Safe perimeter has been established and is shown on the map. No unauthorized person should be in this area.

Specific Site Entry Procedures: a site safety briefing will be held and the field engineer will answer any questions, make sure everyone understands the plan, and have everyone sign the Employee Waiver. Decontaminate all equipment prior to arrival and departure, wearing an appropriate level of protection for the task. The safety consultant will walk over work locations with the HNu to survey and document background. Document that above-ground clearance has been made, indicated by marked work locations. Advise field crew of telephone locations. Proceed to work locations.
Longgone Landfill Exercise

Site Map of the Longgone Landfill
Longgone Landfill Exercise

Detail of Site Map for the Longgone Landfill
E. REQUIRED PERSONAL PROTECTIVE EQUIPMENT

The following protective clothing materials are required for the specific task with the anticipated substances. No changes to the specified levels of protection shall be made without the approval of the Site Safety Consultant.

JOB TASK: Technician.

POTENTIAL EXPOSURES:
Sulfuric Acid, Perchloroethylene, Toluene, Benzene, Arsenic, PCB-Contaminated Oil.
F. DECONTAMINATION PROCEDURES

Personal Hygiene: No smoking, drinking, chewing, or eating while working on the job site.

Wash hands and face at breaks; before eating, applying cosmetics, or lip balm; and prior to leaving site.

Retain wash water in drum. Soil samples, if shown to possess contaminants upon laboratory analysis, will be returned to the site. All contaminated cuttings or soil should be placed on plastic sheeting or into the appropriate open-headed 55-gallon drums for subsequent disposal. PPE that is disposable should be placed in covered drums on-site.
Longgone Landfill Exercise

G. EMERGENCY PROCEDURES

The following standard emergency procedures will be used by on-site personnel. The Safety Consultant shall be notified of any on-site emergencies and be responsible for ensuring that the appropriate procedures are followed.

Personnel Injury in the Exclusion Zone:
Upon an injury in the Exclusion Zone, if possible prior to movement, contact an ambulance and then the designated medical facility. Notify designated emergency contacts as soon as possible. No persons shall reenter the Exclusion Zone until the cause of the injury or symptoms is determined.

Fire/Explosion:
The fire department shall be alerted and all personnel moved to a safe distance from the involved area.

Personnel Protective Equipment Failure:
If any site worker experiences a failure or alteration of protective equipment that affects the protection factor, that person and his/her buddy shall immediately leave the Zone and complete decontamination. The Safety Consultant will be notified immediately to determine follow-up actions. Reentry shall not be permitted until the equipment has been repaired or replaced.

Other Equipment Failure:
If any other equipment on site fails to operate properly, the Site Safety Consultant shall be notified to determine the effects of this failure on continuing operations on site. If the failure affects the safety of personnel or prevents completion of the assigned tasks, all personnel shall leave the Zone until the situation is evaluated and appropriate actions taken.
H. EMERGENCY CONTACTS

In the event of an emergency, the following will be notified:

Name E. J. Farquardt

Telephone No. 942-8623

EMERGENCY TELEPHONE NUMBERS ARE TO BE VERIFIED PRIOR TO ANY SITE ACTIVITIES.

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Longgone Landfill Exercise

I. EMPLOYEE WAIVER

I have received the health and safety plan for the work site. I have read this plan, had the opportunity to ask questions. I understand the information in this plan and had 3 days on-site training. I have participated in education and training programs in compliance with Federal OSHA 29 CFR 1910.120(e) 40 hours initial instruction and 8 hours of refresher training and am currently participating in the medical surveillance program as outlined in the Health and Safety Manual.

Name (please print)     Signature     Date
III. MEDICAL SURVEILLANCE PROGRAM

Personnel Included in Program

1. All new employees prior to beginning work at the Longgone Landfill site will complete a pre-employment physical, which shall at a minimum include: a chest x-ray, pulmonary function test, blood lead test, and urinalysis. In addition to the pre-employment physical, the potential employee shall complete a detailed occupational and medical history questionnaire. The examining physician shall determine any limitations for respiratory and other personal protective equipment and certify these results to the employer. A copy of this respiratory fitness letter shall be placed in the employee’s personnel file.

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The following personnel roles are needed on the site. A person may be designated to perform more than one function.

PROJECT MANAGER:
Primarily responsible for the fulfillment of the terms of the contract. Oversees operations and ensures that all legal and safety requirements are met. Keeps the project on schedule and within budgetary guidelines. Hires and directs all contractor personnel. Provides daily progress reports to the client on the achievement of phase goals.

SITE SUPERVISOR:
Functions as on-site coordinator. Oversees all operations for the Project Manager. Reports in a regular and comprehensive manner to the project manager. Implements the site perimeter and maintains site security. Supervises laborers, technicians, and equipment operators. Ensures all health and safety procedures are followed, especially those concerning personal protective equipment, decontamination, and mechanical operations.

FIELD TEAM LEADER:
Supervises field laborers and equipment operators at the direction of the on-site supervisor. Carries out the instructions of the Site Supervisor.

LABORER:
Performs tasks as assigned by the Field Team Leader and Site Supervisor. Includes taking samples and assisting equipment operators.

EQUIPMENT OPERATORS:
Operate and maintain drilling equipment as directed by the Field Team Leader and Site Supervisor.
SITE SAFETY OFFICER:

Maintains proper medical surveillance including pre-entry and exit physical examinations. Provides hazard communication information. Trains employees on safe work practices. Monitors worker and area exposures. Provides guidance on the selection of personal protective equipment including respirators. Recommends proper decontamination procedures. Recommends the perimeters of work zones. Advises the Project Manager on all health and safety matters for both the on-site workers and the public. Responsible for implementation of compliance with all federal and state health and safety regulations.

TECHNICIAN:

Undertakes duties as assigned to monitor activities of Laborers and Equipment Operators, collect and analyze samples, facilitate completion of work requirements.
Longgone Landfill Exercise

V  STANDARD OPERATING PROCEDURES

A.  PERSONAL PRECAUTIONS

1. Eating, drinking, chewing gum or tobacco, smoking, or any practice that involves hand-to-mouth transfer of material is prohibited in any area designated contaminated.

2. Hands and face must be thoroughly washed upon leaving the work area.

3. Whenever decontamination procedures for outer garments are in effect, the entire body should be thoroughly washed as soon as possible after the protective garment is removed.

4. No facial hair which interferes with a satisfactory fit of the mask-to-face-seal is allowed on personnel required to wear respirators.

5. Contact with contaminated or suspected contaminated surfaces will be avoided. Whenever possible, do not walk through puddles, leachate, discolored surfaces, kneel on ground, lean, sit, or place equipment on drums, containers, or the ground.

6. Medicine and alcohol can worsen the effects from exposure to toxic chemicals. Prescribed drugs should not be taken by personnel at hazardous waste operations where the potential for absorption, inhalation, or ingestion of toxic substances exists unless specifically approved by a qualified physician. Alcoholic beverage intake is prohibited.

7. All personnel must adhere to the information contained in the Site Safety Plan.

8. Contact lenses cannot be worn when respirator protection is required or when the hazard of a splash exists.

9. Personnel will be made aware of symptoms for toxic chemicals on site and for heat and cold stress.

10. Respirators shall be cleaned and disinfected after each day's use or more often if necessary.

11. Prior to donning, respirators will be inspected for worn or deteriorated parts. Emergency respirators or self-contained breathing apparatus will be inspected at least once a month, and before and after each use.

12. The employee will be familiar with all sections of the established respirator program and site safety plan.
B. OPERATIONS

1. All personnel going on-site must be adequately trained and thoroughly briefed on anticipated hazards, equipment to be worn, safety practices to be followed, emergency procedures, and communications.

2. Any required respiratory protective devices and clothing must be worn by all personnel going into areas designated for wearing protective equipment.

3. Personnel on-site must use the buddy system when wearing respiratory protective equipment. As a minimum, a third person, suitably equipped as a safety back-up, is required during extremely hazardous entries.

4. Visual contact must be maintained with entry and safety personnel. Entry team members should remain close together to assist each other during emergencies.

5. During continual operations, on-site workers will act as safety back-up to each other. Off-site personnel will provide emergency assistance.

6. Personnel must practice unfamiliar operations prior to undertaking the procedure of the Longgone Landfill Site Safety Plan. Entrance and exit locations must be designated and emergency escape routes delineated. Warning signals for site excavation must be established.

7. Communications using radios, hand signals, or other means must be maintained between initial entry members at all times. Emergency communications should be prearranged in case of radio failure, necessity for evacuation of site, or other reasons.

8. Wind indicators visible to all personnel must be strategically located throughout the site.

9. The work area will be limited to the area contained by the decaying wooden fence.

10. Procedures for leaving a contaminated area must be planned and implemented prior to going on-site. Work areas and decontamination procedures must be established.

11. Frequent and regular inspections of site operations will be conducted to ensure compliance with the Site Safety Plan. If any changes in operation occur, the Site Safety Plan must be modified to reflect change.

12. Fire prevention and protection (appropriate signs for flammable liquids, smoking areas, storage areas of combustible or flammable materials, etc.) shall be in accordance with OSHA 29 CFR 1926.150 Subpart F.