

Midwest Consortium COVID-19 Community Awareness Program

Participant Resource List

COVID-19 basics and safety precautions

CDC - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

NIEHS - <https://tools.niehs.nih.gov/wetp/covid19worker/index.cfm>

Health inequities

CDC - <https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>

Cleaning and disinfecting

U.S. Environmental Protection Agency List N Tool:

<https://cfpub.epa.gov/giwiz/disinfectants/index.cfm>

University of Washington. "Safer Cleaning, Sanitizing, and Disinfecting Strategies to Reduce and Prevent Covid-19 Transmission."

https://osha.washington.edu/sites/default/files/documents/FactSheet_Cleaning_Final_UWDEOHS_0.pdf

Western States Pediatric Environmental Health Specialty Unit. "Safer Disinfectant Use

During the Covid-19 Pandemic." http://wspehsu.ucsf.edu/wp-content/uploads/2020/04/safer_disinfect_fxsht_0405.pdf

EPA. "Six steps for safe and effective disinfectant use."

<https://www.epa.gov/sites/production/files/2020-04/documents/disinfectants-onepager.pdf>

Mental health

4 fact sheets found at: <https://tools.niehs.nih.gov/wetp/index.cfm?id=2528> in English and Spanish

- When Terrible Things Happen: What You May Experience – What Helps and What Does Not
- Connecting with Others: Giving and Receiving Social Support
- Information for Families: When a Family Member Is Traumatized at Work
- Caring for Yourself in the Face of Difficult Work

NIEHS Tool – Protecting Workers from COVID-19 in the Workplace – Module 4:
Resilience: Protecting Mental Health –
https://tools.niehs.nih.gov/wetp/public/hasl_get_blob.cfm?ID=11922

Testing: why, where, what is it like?

CDC

- <https://www.cdc.gov/vaccines/covid-19/index.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/vaccines/facts-covid-vaccines-english-508.pdf>
- US Health and Human Services Department (community test sites):
<https://www.hhs.gov/coronavirus/community-based-testing-sites/index.html>
- State health department website locator:
<https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html>
- Local health department website locator:
<https://www.naccho.org/membership/lhd-directory>

Isolation/quarantine/emergency plan

Isolation <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>

Quarantine <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

More than just face masks! (utilizing hierarchy of control)

NIEHS Essential and Returning Workers Training Tool:

<https://tools.niehs.nih.gov/wetp/covid19worker/index.cfm>

Cornell University: <https://ehs.cornell.edu/campus-health-safety/occupational-health/covid-19/covid-19-hierarchy-controls>

Vaccinations

CDC

<https://www.cdc.gov/vaccines/covid-19/index.html>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/vaccines/facts-covid-vaccines-english-508.pdf>

NIEHS - <https://tools.niehs.nih.gov/wetp/covid19worker/>